

The Nurses:

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Beth Krohn, RN, BSN

Sue Powers, RN, BSN

Mary Ellen Smith, RN, BSN

Nancy Stults, RN, BSN

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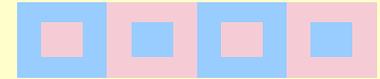
Website:

www.co.door.wi.gov



Facebook Page:
[www.facebook.com/
doorcountypublichealth](http://www.facebook.com/doorcountypublichealth)

***The
Post Partum
Visit***



*For first time parents
and their newborns*



***Door County
Public Health Department
920-746-2234***

The Postpartum Visit

The Door County Public Health Department strives to strengthen families through education and the promotion of healthy lifestyles.

The postpartum visit is just one program offered that works to meet that goal.



The postpartum visit is available to all first time mothers who live in Door County. A registered nurse will visit you and your baby in the comfort of your home. This is a great opportunity to ask a registered nurse all of the questions that sometimes arise after your discharge from the hospital.



The Postpartum Visit

At the postpartum visit you will be provided information on:

Breastfeeding

Formula Feeding

Exercise

Nutrition

Post Partum Blues

Infant Development

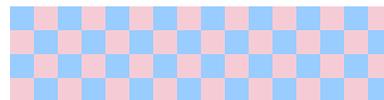
Car Seat Safety

Safe Sleeping Habits

Normal Newborn Care

Immunizations

Free Well Water Test Kit



Your baby will be weighed on a certified baby scale.

You will have an opportunity to ask questions regarding your health and your baby's health.

How it works.....

A Public Health Nurse will contact you 2-3 weeks after your hospital discharge.

A home visit can then be scheduled at your convenience.

The visit typically lasts about one hour.

If you are new to the area or you have not received a visit, feel free to call us.

