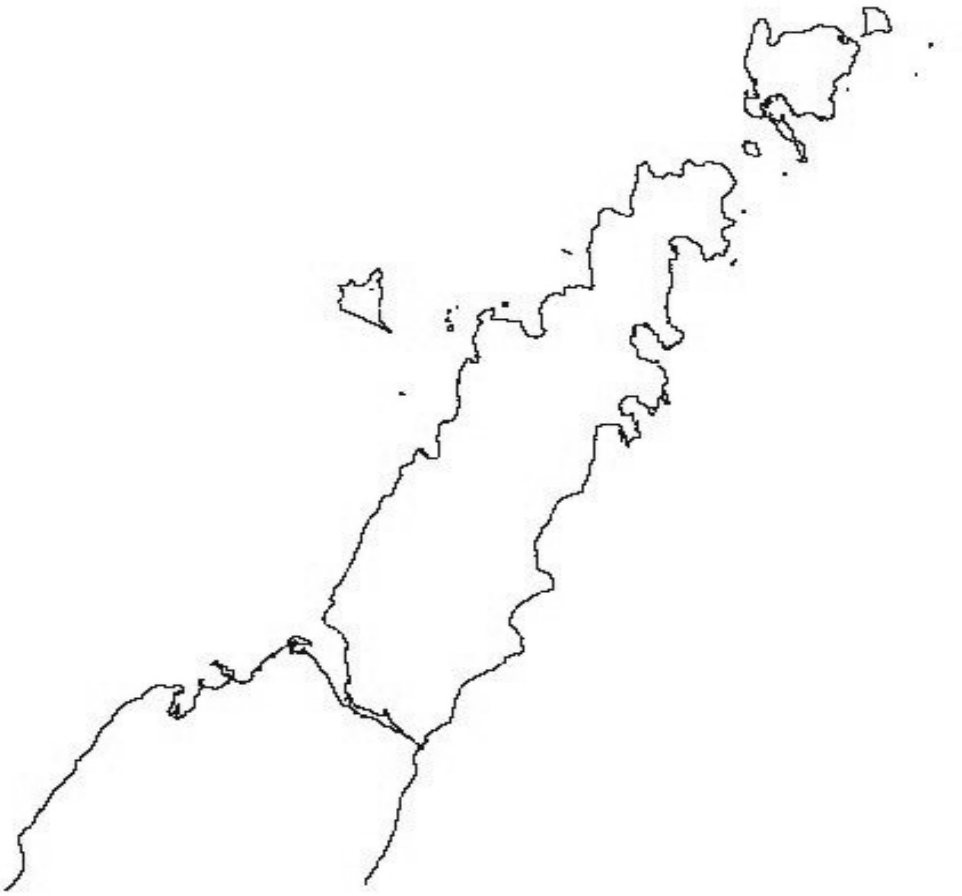
DOOR COUNTY RESOURCE GUIDE FOR OLDER ADULTS AND THEIR FAMILIES



Door County
Department of Human Services
County Government Center
421 Nebraska Street
Sturgeon Bay, WI 54235
920-746-2300

Door County
Senior Resource Center
832 N 14th Ave
Sturgeon Bay WI 54235
920-746-2542 or 1-888-743-1844
Ext 2542

Resource Guide is also available online at:
www.co.door.wi.gov

My Important Numbers

Personal Information		
Name		
Home address		
Telephone		
Birth Date		
Medical Information		
Primary Doctor		
Telephone Number		
Other Doctor		
Telephone Number		
Other Doctor		
Telephone Number		
Blood type		
Health Conditions		
Do Not Resuscitate Bracelet?	_____ *YES* _____*NO* *Where kept?*_____	
Durable Power of Attorney for Health care?	_____ *YES* _____*NO* *Where kept?*_____	
Emergency Information		
Emergency contact		
Relationship		
Telephone number(s)	Home	Work
Emergency contact		
Relationship		
Telephone number(s)	Home	Work
Any Other Information		

PUBLIC SAFETY INFORMATION

- **EMERGENCY NUMBERS:**

  ***Fire, Police, Sheriff's Department or Rescue/Ambulance – Dial 911**

  ***Coast Guard –**

  (920) 743-3366. **If no answer, call** (800) 321-4400

  ***Poison Control Center –**

  (800) 222-1222

  ***State Patrol, Fond du Lac –**

  (920) 929-3700

  ***US Secret Service, Milwaukee –**

  (414) 297-3587

  ***FBI, Green Bay –** (920) 432-3868 **or Milwaukee –** (414) 276-4684

- **NON-EMERGENCY NUMBERS:**

  ***2-1-1 for non-emergency help —**

  it's confidential, easy-to-use and free

  ***Door County Sheriff's Department –**

  (920) 746-2400 or (920) 854-6060

  ***Sturgeon Bay Police Department –**

  (920) 746-2450 or (920) 854-6060

  ***Sturgeon Bay Fire Department –**

  (920) 746-2916

  ***Sister Bay/Liberty Grove Fire Department**

  (920) 854-4021

  ***Sturgeon Bay Rescue/Ambulance –**

  (920) 743-5461

  ***Sister Bay/Liberty Grove Rescue/Ambulance –**

  (920) 854-4333

- **CRISIS & INTERVENTION:**

  Alcohol & Drugs Referral –

  (920) 746-2345

  Door County Sexual Assault Center –

  (920) 746-8996

  Suicide Hot Line —

  1-800-273-8255

Important Telephone Numbers & Web Sites

1. **State of Wisconsin Consumer Complaint Office:**
   1-800-422-7128
2. **Social Security Administration Fraud Department:**
   1-800-269-0271
3. **Mail Preference Service — Direct Mail Service Removal**
   Direct Marketing Association
   Post Office Box 643
   Carmel, NY 10512
4. **Wisconsin No Call List:**
   1-866-966-2255 or www.nocall.wisconsin.gov
5. **Federal No Call List:**
   1-888-382-1222 or www.donotcall.gov
6. **Pre-Approved Credit Card List Removal Website:**
   1-888-567-8688 or www.optoutprescreen.com
8. **Better Business Bureau (Wisconsin)**
   1-800-273-1002 or www.wisconsin.bbb.org to obtain reliability reports

How to obtain your free annual credit report:

1. **The Three Credit Bureaus:**
   A) Equifax: 1-800-525-6285
   B) Experian: 1-888-397-3742
   C) Trans Union: 1-800-680-7289
2. **On Line at www.annualcreditreport.com**
3. **By Telephone at 1-877-322-8228**
4. **By Mail at (Fill out the "Annual Credit Report Request Form and Mail)**
   Annual Credit Report Service
   PO BOX 105281
   Atlanta, GA 30348-5281

**** Free Credit Report once a Year****

Vulnerable Adults and Elders at Risk of Abuse, Neglect or Exploitation

For elders age 60 & older: Call the Door County Senior Resource Center at 746-2543.

For adults age 18 - 59: Call the Department of Human Services at 746-2345.

If you are concerned about an adult of any age who you believe may have experienced, be experiencing or be at-risk-of experiencing some form of abuse or neglect, you are urged to report this concern.

- ***Physical Abuse:***

  The intentional or reckless infliction of bodily harm on an individual

- ***Emotional Abuse:***

  Intimidating, threatening, humiliating or otherwise harassing an individual for no legitimate purpose

- ***Sexual Abuse:***

  The forcing of unwanted sexual activity onto an individual, by the use of threats, coercion or other means

- ***Financial Exploitation:***

  Obtaining an individual's money or property through deceit or enticement or by forcing, compelling or coercing the individual against his/her will or without his/her consent

- ***Neglect:***

  The failure of a caregiver to secure or maintain adequate care, services or supervision for an individual, including food, shelter, clothing, physical or mental health care, that creates significant risk or danger to the individual's physical or mental health

- ***Self Neglect:***

  An individual's failure to take adequate care of self or home, including failing to obtain appropriate food, clothing, shelter, medical and dental care, that results in a significant danger to his/her physical or mental health

- ***Treatment without Consent:***

  The administration of medication or the performance of psychosurgery, electroconvulsive therapy or experimental research on an individual who has not given informed consent

- ***Unreasonable Confinement or Restraint:***

  The intentional confinement or separation of, use of physical restraints on, or provision of unnecessary or excessive medication to an individual

If your organization would like to suggest additions or corrections, please email Wendy Schubert at wschuber@co.door.wi.us or call 746-2542

REVISED: JANUARY 2013

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Disclaimer: This list was compiled by the Door County Senior Resource Center/a division of the Department of Human Services in an effort to assist individuals in locating services in our community. However, it may not be all inclusive or completely accurate. Further, Door County does not endorse or recommend any of the providers or services listed. Door County accepts no liability for the consequences of any actions taken on the basis of the information provided.The user assumes the entire risk related to his/her/its use of this information.

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These listings are arranged alphabetically by program/service and individual provider.

ADVANCED DIRECTIVES

- **Hospital Ministry Door County Medical Center** – Assistance is available by calling the switch board and asking for a Social Worker or Chapel at Door County Memorial Hospital to assist with the completion of a Health Care Power of Attorney or answer questions regarding Advance Directives. Hours are 8 am until 4:30 pm, by appointment or walk-ins welcome.
  Call (920) 743-5566

ADULT DAY CARE

- **Nor Door Adult Day Services —** Quality programming offered during the day from caring and specially trained staff for adults with physical and cognitive disabilities such as Alzheimer's disease and related disorders and for those seeking social activity.
  Call Carl Shakal at (920) 495-2016

BENEFIT SPECIALIST AND COUNSELING

- **Door County Benefit Specialist —** Assists county residents age 60 and older in securing federal and state benefits. Our goal is to keep clients informed and updated on all changes in private and public programs. We help older persons understand what benefits are available, if they are entitled to them and what they must do to receive them. We then offer assistance with the extensive and complicated paperwork that is often required in acquiring these benefit programs. First and foremost, our goal has always been to advocate for the elderly.
  Call Lynn Christenson at (920) 746-2546
- **Wisconsin Senior Medicare Patrol (SMP) -** is the oldest "fraud buster" program in the country and is part of the Coalition of Wisconsin Aging Groups. This project is dedicated in stopping healthcare fraud, waste, and abuse. PROTECT, DETECT, REPORT. **For assistance, call your local SMP program at 608-224-0606 ext. 317 or toll free at 800-488-2596 ext 317. www.wisconsinsmp.org**
- **BenefitsCheckUp—**help low income seniors and persons with disabilities find and get the help they need. It is free, easy and private. **For more information call (608) 221-6111 or 1-800-366-2990 ext 323 or email at bcc@cwag.org**

DURABLE MEDICAL EQUIPMENT

- **Bay Pharmacy —** Sells and/or rents a variety of durable medical equipment including walkers, wheelchairs, commodes, grab bars, power scooters and lift chairs. Also sells specialized medical supplies such as support hose, nutritional supplements and incontinence products. Will bill Medicare, Medicaid and private insurance where appropriate.
  Call (920) 746-2158
- **Brussels Lions Club —** This organization provides durable medical equipment for short term use. These services are free; however donations are appreciated.
  Call Jim Wautier (920) 825-1213
- **Green Bay Home Medical —** Sells and/or rents a variety of durable medical equipment including walkers, wheelchairs, commodes, grab bars, power scooters and lift chairs. Specialized medical supplies also available. Will bill Medicare, Medicaid and private insurance where appropriate.
  Call (920) 465-3000
- **Neighbor to Neighbor Medical Equipment Loan Closet —** Provides short term loans of durable medical equipment. The loans are free; however donations are appreciated. Some of the equipment available includes: wheelchairs, walkers, hospital beds, commodes, bath benches, canes, crutches, etc. There is also a closet of medical supplies such as incontinence products available. Located at 62 South 3rd Avenue.
  Call Ann Bennett @(920) 743-7800
  or the Northern Door contact is Sheila Petroni at (920) 868-3648.

EDUCATIONAL OPPORTUNITIES

- **The Clearing —** Located in Ellison Bay, this "folk school" offers a natural setting in which to clear one's mind and come to a better understanding of nature and one's own place in the world. Simplicity, artistic surroundings, small classes and excellent teachers combine to foster learning in a cooperative, family-like atmosphere. A variety of workshops are offered throughout the year. The cost of each workshop varies.
  Call (920) 854-4088

- **Door County Human Services —** Offers free monthly educational presentations on a variety of topics surrounding the role of care giving. The series is based on information sought by providers who care for individuals with a variety of disabilities and built on information desired by individual caregivers. The menu includes topics such as information on self-determination, emergency preparedness, transitions and how to help people through them, chemical dependency, trauma and resiliency, and mindfulness of good self care.
  Call (920) 746-7155

- **Door County Learning in Retirement Series**— This is a series of courses offered at NWTC that focuses on senior issues, expanding one's knowledge, appreciating the arts and developing new skills/hobbies. Classes are offered during spring, summer and fall terms. Registration is in August and January and the cost is $50.00 per year. This includes as many classes as one would like to attend.
  Call (920) 746-4947 or visit online at www.nwtc.edu/lir

- **Door County YMCA —** Located in Sturgeon Bay and in Fish Creek, this organization offers a variety of health and exercise-based courses to people of all ages and abilities. Through quality programs, services and community partnership, the YMCA strives to develop potential in people's spirits, minds and bodies. A fee is charged for most classes and financial assistance is available to those in need.
  Call (920) 743-4949 for the Sturgeon Bay Program Center or call (920) 868-3660 for the Fish Creek Program Center.

- **National Alliance on Mental Illness (NAMI) —** NAMI offers educational sessions, featuring guest presenters, on a variety of topics related to mental illness. These sessions are held on the 2nd Monday of the month at 7:15 p.m. at Jak's Place located at 820 Egg Harbor Rd in Sturgeon Bay. The Family to Family Education Program, a 12-week course on issues related to mental illness, is also offered periodically throughout the year.
  Call Marlys Trunkhill-Klapatch for more information at (920) 743-6162 . Jak's Place phone number is 818-0525. Registration is not necessary for the monthly sessions.
  mtpklapatch@greenbaynet.com

- **Northeast Wisconsin Technical College (NWTC) —** This school offers a variety of non-academic courses at affordable prices.
  Call (920)746-4900 for more information

- **Peninsula School of Art—** offers one- to five-day workshops in all media throughout the year, with leading artist educators. Other programs include community outreach, themed exhibitions of nationally recognized artists; works and special events. The cost of each workshop varies. Located at 3900 County Road F, Fish Creek.
  Call (920) 868-3455 or visit at PeninsulaSchoolofArt.com or DoorCountyPleinair.com

EMPLOYMENT OPPORTUNITIES

- **Door County Job Center —** Comprehensive service for job seekers and employers. Specialized services for seniors and disabled.
  Call (920) 743-6915

- **Senior Workers Program —** This program is an employment and training program which assists people age 55 and older to return to the workforce. Positions through this program are found at local non-profit and government agencies.
  Call Deborah Buckley at (920) 593-3557

ENERGY ASSISTANCE

- **Energy Services —** Assists with heating bills and home weatherization services for low income home owners and renters.
  Call Women's Employment Project (920) 743-7273

FINANCIAL ASSISTANCE & BENEFIT COUNSELING

- **Bay View Lutheran Church Emergency Fund** This program is used in emergency situations (i.e.: money to purchase prescriptions, medical procedures, rent payments, security deposits, outstanding bills, food, etc.). This fund is accessed for those individuals whose need does not qualify for other assistance programs. Referrals must be made by an organization on behalf of the potential recipient.
  Call the church office at (920) 743-4705

- **Day to Day Money Management, LLC** — This agency provides money management services, vital document organizer and financial assistance for a fee, to senior citizens, professionals and small businesses.
  Call Sherry Pesch at (920) 857-6883 or email www.day2daymoney@live.com

- **Door CANcer Inc —** Has emergency funds available for individuals suffering from cancer and for their families.
  Call Mary Lu Norton at (920) 823-2433 or Barb Herdina at (920) 743-8492 or email at www.doorcancer.com

- **Door County Department of Human Services** Provides financial assistance in the form of FoodShare, Medicaid, payment of Medicare premiums and energy assistance to those who meet eligibility guidelines. Provides temporary emergency assistance to needy families as well.
  Call (920) 746-2300 and ask for Economic Support intake or your ES case manager

- **Door County Veteran's Service Office —** This office provides assistance to honorably discharged veterans and their families. Assistance includes educational information and helping Veterans and their family members in applying for benefits through the Veterans Administration and Veterans Affairs such as federal loans, compensation, pensions, death benefits, medications, medical care, burial benefits and nursing home placement.
  Call (920) 746-2226 or (920) 746-2225

- **FISC —** This agency provides consumer credit counseling and assistance in managing finances and reducing debt. Credit card interest can be significantly reduced via a Debt Management Plan.
  Call Gay Pustaver at (920) 743-1862

- **Ministry Door County Medical Center Community Care —** The hospital provides community care for all services provided to the general public via the hospital (inpatient and outpatient) and Ministry Home Care (home health agency). Patient bills may be written off to charity care on the basis of the patient/family's annual income and assets.
  Call MDCMC at (920) 743-5566, ask switch board for financial counselor.

- **Ministry Fund (also known as Katie's Fund) —** This program is used to pay for health & welfare related emergencies such as shelter, transportation, food, fuel/utilities, medications, outstanding medical/dental bill, etc.
  Call Katie Graf at (920) 743-5566

- **Property Tax Deferral Loan, Wisconsin Housing & Economic Development Authority —** Eligible seniors may qualify for a loan to help pay property taxes with a lien then placed on the property. However, heirs will be responsible to pay back the loan upon the sale of the home. The application process is open from January 1st to June 30th.
  Call Lisa at (800) 334-6873

- **St Joseph's Parish Emergency Fund —** This Christian service fund is designed to assist individuals in emergency situations.
  Call the church office at (920) 743-2062

- **Salvation Army —** Provides emergency funding to those in need of assistance for essential items such as food, personal items, clothing, rent, shelter, etc.
  Call Door County Department of Human Services at (920) 746-2300

- **Senior Tax Exchange Program (STEP) —** allows seniors 62 and older, whose primary residence are in the school District and who pay property tax, to work in the District in exchange for property tax credit. STEP participants receive $5.50 per hour. A maximum of two eligible residents of the same property may share work to meet the $429 amount for each primary residence, but combined pay cannot exceed $429. This amount to a maximum of 78 work hours/household. **For Sturgeon Bay District, call Joe Stutting at (920) 746-2801 or for Southern Door District, call (920) 825-7311.**

- **USDA Rural Development** — If you are already a rural homeowner and your house needs repairs, or modifications to make it accessible to a person with disability, you may be eligible for home improvement or repair assistance through USDA Rural Development. Rural Development provides Guaranteed Loans for low to moderate incomes to purchase a home, Repair and Rehabilitation Loans for very low income owner-occupied homes, and a Direct Loan Program for low incomes to purchase a home. For free pre-qualification
  Call (715) 524-8522 ext. 4

- **Wisconsin's Lifeline —** This program is offered through your local telephone company to help low-income customers reduce their phone bills. Lifeline reduces monthly phone charges for income-eligible households.
  Call your local telephone company for an application to be mailed to you directly.
  AT & T (800) 440-9853
  Verizon (800) 483-4000
  CenturyLink (800) 788-3500

FOOD

- **Door County Community Resource Program (Feed My People / Clothe My People) —** This is a sharing program that belongs to the community. It is based on the philosophy of "neighbor helping neighbor". Perishable and nonperishable food is available free of charge to those in need. Clothing is also available free or at very low cost. Hours are Monday & Thursday 3:00 p.m. until 7:00 p.m. Tuesday, Wednesday, and Friday 10:00 a.m. until 2:00 p.m.
  Call (920) 743-9053

- **Door County Senior Resource Center — Nutritious Congregate Meal Sites:**

  Sturgeon Bay meals provided Monday through Friday at 832 North 14th Avenue, Sturgeon Bay, WI.

  Liberty Grove meals provided Mon/Wed/Fri at 11161 Old Stage Road, Sister Bay, WI.

  Forestville meal provided Tuesdays and Thursdays at 178 West Park Street, Forestville, WI.

  Baileys Harbor meals provided Wednesday and Friday at 2392 County Road F, Baileys Harbor, WI.

  Washington Island meals provided Monday and Wednesday and every 2nd and 4th Friday at 910 Main Road, Washington Island, WI.

To make reservations, call (920) 746-2542

- **Door County Senior Resource Center — Meals on Wheels Program —** Hot meals available Monday through Friday for home bound individuals within city limits. Rural routes available on Tuesdays and Thursdays only. Frozen meals available at some locations.
  Call Door County Senior Center at (920) 746-2542

- **Door of Hope Food Pantry—**this food pantry is willing to help the needs in our community, to ease daily life by assisting in the financial burdens of putting food on the table. NO questions asked. NO requirements to fulfill. Can be anonymous.
  Call Heidi at (920) 421-1253 or Ed (920) 421-0387 hpenchoff@yahoo.com

- **Koinonia Kupboard —** This is a non-perishable food pantry operated by the First Baptist Church of Sister Bay. It is open Tuesday through Thursday, 9:00a.m. until 4:00p.m. and is located in the church at 2622 S Bayshore Drive, Sister Bay. Service is given to Northern Door residents.
  Call Winnie at (920) 854-2544.

- **Holy Name of Mary Parish —** Located in Maplewood, the parish provides a food pantry to those in need. It is open on the 1st, 3rd and 5th Saturday of the month from 10:00a.m. until 12:00p.m.
  Call (920) 856-6440

- **Lakeshore Community Action Program (Lakeshore CAP) —** A food pantry for individuals/families in need. Eligibility is based on monthly household income. An individual/family can pick up free perishable and nonperishable food once per month. Hours are Tuesday and Thursday 11:00 a.m. until 4:00 p.m.
  Call (920) 743-0192

- **Loaves & Fishes Community Meals Ministry —** This is a community-based program providing hot meals to hungry individuals and families in Door County. Local community members, led by professional chefs, cook and serve delicious meals to neighbors who might be struggling to make ends meet. These meals are free and open to anyone. No questions asked. Meals are served in two locations.
  ***In Sturgeon Bay** they are held on the 1st, 3rd and 4th Friday of every month from 5:30p.m. until 7:00p.m. at NWTC, 229 N 14th Avenue.
  ***In Sister Bay**, they are held on the 4th Tuesday of every month from 5:00p.m. until 6:30p.m. at St. Rosalia's Catholic Church (Stella Maris Parish), 600 S Bayshore Drive.
  Call Ann Johnson at (920) 743-6218 or Kaye Wilson for information on volunteering at (920) 854-4612.

- **Salvation Army —** Food vouchers are available to families/individuals in need.
  Call Department of Human Services at (920) 746-2300. During non-business hours, call Sturgeon Bay Police Department at (920) 746-2450. Door County Sheriff's Department at (920) 746-2400.

- **Older Adult Breakfast Social —** This program offers an opportunity to enjoy a nutritious breakfast, socialize and learn about community resources from various guest speaker. It is held at 9:00a.m. on the 1st Wednesday of every month at Family Centers in Brussels. Located at 1400 County DK. Reservations are required by noon on the day prior by leaving a message.
  Call Gina at (920) 825-1430

FOOT CARE

- **Foot and Nail Clinic —** Foot and nail services provided at Scandia Village Good Samaritan, 10560 Applewood Drive, Sister Bay on the 2nd Tuesday of the month. Appointments from 7:00 a.m. to 3:15 p.m. are open to community. Please bring your own towel. Fee for this service is $22.50.
  Call (920) 854-2317

- **Senior Foot Clinic —** Foot care services provided at Lake Side Surgical Associates, 1843 Michigan Street, Sturgeon Bay, on Wednesdays from 9:00a.m. until 11:30a.m. The fee for this service is $8.00 per visit. **Call Karen at (920) 746-3570 (Ministry Door County Medical Center) to schedule an appointment.**

GRIEF AND LOSS SERVICES

- **Compassionate Friends —** This is a self-help support group for bereaved parents, grandparents and siblings who have lost a child of any age. Sessions include a mixture of support and education. Meetings are held on the 2nd Thursday of the month at 7:00p.m. at Door County Memorial Hospital in Sturgeon Bay in conference room #3.
  Call Carol Moellenberndt at (920) 743-3476

- **Door of Hope—** is an ecumenical community outreach program. Support groups, seminars, coping through the holidays. There are two support groups providing understanding of grief, peer insights and healing hope in a confidential setting. *Second Monday of the month, 11:00 a.m. Immanuel Door of Hope, Immanuel Church Lutheran Church, Rt. 57, Baileys Harbor. *Second Tuesday of the month, 4:00 p.m. Oasis Door of Hope, Prince of Peace Church, 1756 Michigan St. Sturgeon Bay. For times of seminars and holiday pathways or more information
  Call Chaplain Joan Carlson (920) 868-9471
  www.thedoorofhope.webs.com

- **Unity Grief Support Programs —** Registration is required for both programs. For information and registration, please call the Unity office at **(920) 743-6440 or (800) 990-9249**. A current schedule is available at **www.unityhospice.org.**
  Generations — Hope for Grieving Families is a monthly program designed to support grieving families with children and teens, ages 6-18, on the second Thursday of the month at Unity's De Pere office.
  Navigating the Waters of Grief — This is a five week support group open to adults who have experienced the death of a loved one. Meeting topics include: common reactions to grief, memories, coping and adjusting to new roles, self-care, traditions and finding hope. Registration is required. A current schedule is also available at **www.unityhospice.org**
  Call Lisa (920) 743-6440 or (800) 990-9249

GUARDIANSHIP

- **Professional Guardianships—**this agency provides guardianship services for those individuals found incompetent by the Court. This includes Guardianship of Person and Guardianship of Estate. Located at 1345 W. Mason Street, Suite 202, Green Bay, WI 54303.
  Call Mary at (920) 360-7987 or (920) 499-4431. Email at progrdinc@aol.com

- **Universal Guardians, Inc.—**this agency provides guardianship services for those individuals found incompetent by the Court. This includes Guardianship of Person and Guardianship of Estate. Located at PO Box 622, Sturgeon Bay, WI 54235. **Call Carleen Horner at (920) 495-0098 or Email at carleen@universalguardians.org**

HEALTH CARE

- **Asera Care Hospice —** This agency provides medical, psychological and spiritual support to patients facing terminal illness and their families. Services are often covered by Medicare or Medicaid and can be provided in a patient's home or in an assisted living facility or nursing home. Each patient is served by a team of professionals including physicians, nurses, home care aides, social service and spiritual personnel. Volunteers also play an important role. Based in Green Bay, this agency serves Door County on a case-by-case basis within a 60 mile radius.
  Call (866) 268-3203 or (920) 497-4672

- **Aurora Health Care —** This clinic is located at 1910 Alabama Street in Sturgeon Bay and offers a wide array of health services. An urgent care clinic is also available after hours. A satellite office, Nor Door Clinic, is located at 2521 S. Bay Shore Drive, Sister Bay.
  Call (920) 746-7200 (Sturgeon Bay) or (920) 854-2347 (Sister Bay)

- **Community Clinic of Door County —** This clinic is located at 1623 Rhode Island Street. It provides non-urgent, primary health care services, counseling services and integrative healing therapy to adults who have no insurance.
  Call (920) 746-8989

- **Door County Public Health Department —** This agency provides an array of community services throughout Door County, including home visits by Public Health Nurses to assess and monitor health conditions, blood pressure screening clinics only provided in Sturgeon Bay, cholesterol screening, breast cancer, cervical cancer and other health screening through the Wisconsin Well Woman Program, immunization clinics for tetanus boosters and flu vaccines, smoking cessation materials, community education programs and a County Sharps Collection Program for the appropriate disposal of needles and lancets as medical waste. Some services are fee-based and others are provided at no charge.
  Call (920) 746-2234

- **Dr Karen Butler —** Dr. Butler is a private family practice physician. She is currently accepting new patients of all ages and bills Medicare, Medicaid and many other insurances. The office is located at 1009 Egg Harbor Rd, Sturgeon Bay.
  Call (920) 746-8480

- **HOSPITAL — Ministry Door County Medical Center —** This hospital is located at 323 S. 18th Avenue (connected to North Shore Medical Clinic).
  Call (920) 743-5566

- **Ministry North Shore Medical Clinic —** These clinics are located throughout Door County for your medical needs. These clinics provide a wide array of health services.
  Call (920) 746-0510 (Sturgeon Bay)
  323 S. 18th Avenue (connected to Ministry Door County Medical
  Call (920) 487-3496 (Algoma)
  815 Jefferson
  Call (920) 868-3511 (Fish Creek)
  3711 Highway 42
  Call (920) 847-2424 (Washington Island)
  Route 1

- **Ministry Home Care —** This is a home health agency that provides services to individuals in their own homes. Services include skilled nursing care, physical therapy, occupational therapy, speech therapy and home health aide care. The agency is certified to bill Medicare, Medicaid and private insurance. A sliding fee scale is also available.
  Call (920) 743-7983

- **Ministry Memory Clinic Door County —** This is a comprehensive diagnostic service for patients with memory impairment and a resource of information and care management for families dealing with dementia. The memory clinic is located at North Shore Medical Clinic in Sturgeon Bay. For more information or to schedule a pre-screen assessment, **Call Christy Wisniewski, Outreach Specialist for the memory clinic, at (920) 493-0339. Information can also be found online at: http://www.dcmemoryclinic.org**

- **NurseDirect —** This is a 24-hour toll-free health information call-in service provided by Ministry Door County Medical Center. Registered nurses are available to provide confidential advice on illnesses, injuries and other health concerns.
  Call (877) 746-0003

- **Parish Nurse Network —** This non-profit organization is aimed at promoting health, wellness and healing through a holistic approach. Parish nurses are matched with participating congregations and serve as health counselors, health educators, client advocates and a source of spiritual support to those in need. Services are usually provided at no cost.
  Carol Moellenberndt @ Sturgeon Bay UMC (920) 743-3241

  Carolyn Bridenhagen @ Sturgeon Bay Moravian (920) 743-6218

  Judy Neumann @ Bayview Lutheran (920) 743-4705

  Holly Runquist @ St. Paul's Juddville (920) 868-2826

  Kaye Christman @ Shephard of the Bay (920) 854-2988

  Kristen DeMarinis @ Shephard of the Bay(920) 854-2988

  Cathy Johnson @ Shepherd of the Bay (920) 868-1172

  Sandy McCluggage @ 1st Baptist Sister Bay (920) 854-3016

  Kathy Wagner @ Sister Bay Moravian (920) 854-4080

- **Unity Hospice & Palliative Care —** This agency meets the medical, psychological and spiritual needs of patients facing serious or terminal illness and their families through palliative, hospice and bereavement services. Patients are helped to remain living in their own homes but services are also available in nursing homes, assisted living facilities and hospitals. Care is provided by teams of nurses, home care aides, social workers, physicians, counselors, chaplains and volunteers. Many of the services offered are covered by Medicare. As a non-profit organization, community donations help ensure care for underinsured patients.
  Call (920) 743-6440 or (800) 990-9249.

- **Washington Island Community Health Program —** This program connects Washington Island seniors and their caregivers with health and wellness resources to assist them to remain independent. Located at Trinity Lutheran Church, 1765 Townline Rd.
  Call Christine Andersen at (920) 847-2108 or email at wichp77@gmail.com

- **Wellness Center of Door County —** This clinic is located at 312 N. 5th Avenue, Sturgeon Bay. It is open on Mondays from 8:00 a.m. until 7:00p.m., Tuesday through Friday from 8:00a.m. until 5:00p.m. This clinic provides affordable full family practice for all ages and testing for HIV and STDs. Sliding fee scale is available or will bill Medicare, Medicaid and private insurances. Appointment appreciated, but walk-ins are welcome.
  Call (920) 746-9444 for an appointment at either location.

HEARING

- **Avada Audiology and Hearing Care —** Provides free hearing tests and consultation on available solutions, including hearing aids, for those experiencing hearing loss. Testing can be done in your home or at the office. Insurances accepted. Located at 1300 Egg Harbor Road, Sturgeon Bay.
  Call (920) 743-1970

- **Beltone Hearing** —Provides free hearing tests and consultation on available solutions, including hearing aids, for those experiencing hearing loss. Hearing testing are provided at the office, home testing available on a case-by-case scenario. Insurances accepted. Located at 1449 Green Bay Road, Suite #3, Sturgeon Bay.
  Call (920) 743-6008

- **Dr. Hamerski (audiologist) —** at Door County Memorial Hospital. Available on Wednesdays only.
  Call (920) 743-5566 or the Green Bay Clinic at (920) 405-1414 to make an appointment.

- **The Lions Club —** collect used hearing aids at Huehns, Forbes, DC Senior Center and in front of Econo Foods. They provide hearing assistance to county residents who show a financial need through an application process. Please contact the representative in your area.

  Brussels— Mike Zittlow @ 920-825-7679

  Egg Harbor- Orie Milton @ 920-746-0248

  Forestville/Maplewood- Christopher Sampo @ 920-856-6603

  Sister Bay- James Springer @920-854-4572

  Sturgeon Bay– James Paterson @ 920-743-7168

  Washington Island– Tony Young @ 920-847-2659

- **Miracle Ear —** Provides free testing and consultation on available solutions, including hearing aids, for those experiencing hearing loss. Testing can be done in your home or at the office. Insurances accepted. Located at 611 Jefferson Street, Suite D, Sturgeon Bay.
  Call (920) 743-4900 or (800) 993-3480.

- **Starkey Hearing Foundation —** The Hear Now Program is a national non-profit program committed to assisting deaf and hard-of-hearing persons with limited financial resources who permanently reside within the United States.
  Call (800) 769-2799

HISPANIC RESOURCE CENTER

- Located at 1618 Texas Place. They assists individuals and families of Latin/Hispanic ancestry from Door and Kewaunee Counties. The center offers personal assistance in areas such as employment, housing, social services, healthcare, lifestyle concerns and other areas that will encourage individuals and families to become part of the community. Office hours are Monday 5:00p.m. until 7:00p.m. and Wednesday 5:00p.m. until 6:00p.m. or
  Call Imelda Delchambre anytime at (920) 559-1878

HOME IMPROVEMENT/MODIFICATIONS AND REPAIR ASSISTANCE

- **Accessible Bath Solutions LLC—**creates modifications to promote a safe home environment. Transform any existing space to create walk-in bathtubs, barrier free shower, grab bars and seats, handheld showers, comfort height toilets or other home modifications.
  Call at (920) 636-5450 or contact by website: www.accessiblebathsolutions.com
- **Door County Weatherization Program —** This program, administered by Women's Employment Project (WEP), seeks to reduce energy costs by making homes more energy efficient. Eligibility is tied to the Wisconsin Home Energy Assistance Program (WHEAP). If a person is eligible for WHEAP he/she may also be eligible for weatherization.
  Call WEP at (920) 743-7273
- **Habitat for Humanity—** helps with minor repairs and modifications.
  Call (920) 743-2869
- **Options for Independent Living Inc.—**Provide assessments for home modifications and durable medical equipment. They assists in finding options to empower people with disabilities within Northeast Wisconsin. Serving individuals with all disabilities and ages, to actively access their community, maximize their independence, and connect with the resources and funding available.
  Contact by Emailing: info@optionsil.com or call (920) 490-0500 or toll-free at 888-465-1515. Fax number is (920) 490-0700, TTY: (920) 490-0600
- **USDA Rural Development** — Rural Development provides Guaranteed Loans for low to moderate incomes to purchase a home, and Repair and Rehabilitation Loans for very low income owner-occupied homes for repairs or modifications to make it accessible to a person with disability. For free pre-qualification
  Call (715) 524-8522 ext. 4

HOUSING

- **Door County Housing Authority —** Rental assistance provided to families, elderly, disabled and single individuals who qualify. Eligibility is based on household annual income.
  Call (920) 743-2545
- **Housing for the Elderly —** The following apartment complexes may offer subsidized apartments or accept assistance from DC Housing Authority, for the elderly.

Apple Valley	**920-743-6937**
Bay Hill Apartments	**920-743-8936**
Bay View Apartments	**920-743-2435**
Bay View Terrace	**920-743-0011**
Bay View South	**920-856-6959**
Bay View North	**800-346-8581**
Big Hill Regency	**920-746-8800**
Oakwood Apartments	**920-743-8788**
Orchard Valley (Equal Opportunity)	**920-743-7762 or 920-835-5150**
Scandia Village	**920-854-2317**
Williamstown Bay	**608-348-7755**

Independent Senior Housing:

- **Meadow Apartments or The Villas—**Located on Applewood Road in Sister Bay.
  Call (920) 854-2317

Assisted Living Apartments:

- **Woodview Assisted Living —** Located on Applewood Rd, Sister Bay.
  Call (920) 854-2317

Community-Based Residential Facilities (CBRF):

- **Anna's Healthcare Inc —** Is an assisted living facility that provides attentive, professional care in an environment that as much like home as possible. Located at 839 S 18th Ave.
  Call 920-783-6331

- **Cardinal Ridge Residential Care —** Located at 817 Circle Ridge Place, Sturgeon Bay. Serves individuals with advanced age, irreversible dementia/Alzheimer's, ambulatory, semi-ambulatory, and non-ambulatory individuals.
  Call Kris Dart at (920) 743-9289

- **Gathering of Door County —** Located at 204 N. Duluth Ave, Sturgeon Bay. Serves individuals with advanced age, Alzheimer's/ other dementia, mental illness and emotional disturbance.
  Call Kayla Lauder at (920) 746-7550

- **Hearthside Cordial Care—** Located at 10569 Fieldcrest Road, Sister Bay. Serves individuals with advanced age, Alzheimer's/dementia, terminally ill adults and physical disabilities.
  Call Martha Coventry at (920) 854-7225

- **Sturgeon Bay Senior Living Whispering Heights, Whispering Winds, & Whispering Pines —** Located at 1704, 1632 and 1610 Georgia Street, Sturgeon Bay. Serves individuals with advanced age, Alzheimer's / other dementia, physical disabilities and terminal illness (including AIDS).
  Call (920) 746-8859

Skilled Nursing and Rehabilitation Facilities:

- **Golden Living Center/Dorchester —** Located at 200 N. 7th Avenue, Sturgeon Bay. Serves people of various ages with diverse services ranging from short-term rehabilitation and long-term health care to palliative and hospice care. A private Alzheimer's/dementia care center is also available. Private short-term rehab rooms are offered (inquire about availability) and out patient services.
  Call the Admissions Director at (920) 746-7047 or (866) 279-5706.
  www.goldenlivingcenters.com

- **Good Samaritan Society Scandia Village —** Located on Applewood Rd, Sister Bay.
  Call the Admissions Coordinator at (920) 854-2317

  Care Center—24 hour nursing care

  Birchwood Special Care Unit— Specialized care for those with Alzheimer's disease or dementia.

  Rehabilitative Therapy Services—In-& out-patient physical, occupational, speech & massage therapy available on campus.

- **Ministry Door County Medical Center Skilled Nursing Facility (SNF) —** Located at 323 S. 18th Avenue, Sturgeon Bay (on the 2nd floor of the hospital).
  Call the Admissions Coordinator at (920) 746-3719

Residential Care Apartment Complexes (RCAC's):

- **Pine Crest Village —** Assisted apartment style living for age 55 and older. Located at 1241 N. 18th Avenue, Sturgeon Bay. With the ability to purchase services wanted or desired.
  Call Amber Papke at (920) 746-1280

IN-HOME SUPPORTIVE SERVICES

- **Advocates for Independent Living —** This agency provides assisted daily living care, medication monitoring, housekeeping, supportive home care, meal preparation, respite or any other personal assistance.
  Call Ken Jeansonne at (920) 746-2000
  www.advocatesforindependentliving.org

- **Clarity Care —** Is a nonprofit organization that provides services for individuals with limitations or disabilities so they can achieve independent and fulfilling lives within their community.
  Call (800) 947-3529

- **Door County Wraparound Program —** This program is operated by NEW Curative Rehabilitation Incorporated. Trained personnel provide a variety of services tailored to the individual's needs. These include housekeeping, meal preparation, companionship, supervision, transportation, shopping/errands, medication monitoring, respite care and personal care assistance.
  Call Julie Destree at (800) 636-1161 or (920) 593-3516

- **Econo Foods Grocery Delivery —** Grocery delivery provided throughout Door County for a fee, depending on your location.
  Call (920) 743-8896 for more information

- **Helping Hands Caregivers LLC. —** Provides in-home care for seniors and those with disabilities and/or special needs. Designed to assist with activities of daily living that will allow people to stay at home safely and live with dignity. Medicaid accepted.
  Call Shawn at (920) 217-2961 Ext. 206

- **Home Instead Senior Care —** Located at 101 North 4th Avenue, Suite 106, Sturgeon Bay, this agency provides non-medical home care to individuals in need of some assistance. Trained caregivers provide housekeeping assistance, meal preparation, companionship, supervision, respite care, transportation, shopping/errands and bathing assistance.
  Call Lynda Schneider at (920) 743-9370

- **Ideal Services —** This agency provides a variety of services including companionship, personal assistance, housekeeping, home administration, meal planning and preparation, errands, medication monitoring and transportation. Assistance may vary from 3 to 24 hours a day.
  Call Mary Vig at (920) 746-9935

- **Inhome Care —** Respite care, light housework, bathing, errands, meals, visiting, etc. 24/7 care available.
  Call Joanne Withers (920) 743-3151

- **Need a Helping Hand—** personal care available up to 24 hours per day/ 7 days per week, or any duration as needed. Will cook, do laundry, light house keeping, medication monitoring and distribution, transportation to appointments and respite care. Reference available upon request.
  Call Jeannie Stephan at (920) 743-4519 or (920) 495-0399

- **Neighbor to Neighbor —** This is a non-profit umbrella agency for a number of programs. They include Respite Care, Medical Equipment loans, Peer companions and the Lemonade Club. Respite Care provides volunteers to stay with a loved one so that the caregiver can have a break. The Peer Companion program matches trained volunteers, themselves 60+, with individuals in need of companionship and support. The volunteers provide a safe, non-threatening way for elderly individuals to cope with grief, loneliness and isolation and help them bridge the gap to community resources needed. The Lemonade Club is a group of cancer survivors who meet once a month for friendship and support. Located at 62 South 3rd Avenue.
  Call Ann Bennett at (920) 743-7800

- **Specialized Services, LLC —** Located at 185 E. Walnut Street, Suite 130, this agency provides a wide variety of services to individuals in our community who are elderly, physically disabled, developmentally disabled or experiencing mental illness or alcohol/drug addictions. Trained staff provide housekeeping assistance, transportation, companionship, shopping/errands, skills development, meal preparation, medication monitoring, respite care and personal care.
  Call Amy Weckler at (920) 743-8316

INFORMATION AND REFERRAL

- **CareConnect–** CareConnect provides health information, education, and connection to supportive services for older adults and caregivers in Door County. All services are free of charge.
  Call Christy Wisniewski at (920) 493-0339.

- **Door County Department of Human Services —** The Adult Services Unit provides programs intended to assist elderly and those with physical disabilities to remain living in their own homes as independently as possible. If eligible, services such as housekeeping assistance, shopping/errands, meal preparation, congregate/home delivered meals, companionship, supervision, respite care, Lifeline, snow removal, lawn care, medical equipment, home modifications and specialized medical supplies can be provided and paid for through one of these programs. Financial eligibility requirements vary by program. Volunteer Guardianship Program is also available.
  Call (920) 746-2300

- **Door County Senior Resource Center —** This public agency provides information and assistance, congregate and home delivered meals, benefit counseling, transportation, activities and educational programming for older adults in Door County.
  Call (920) 746-2542

- **Door County Sexual Assault Center —** This agency provides crisis and supportive services for sexual assault victims of all ages. Phones are answered 24-hours a day. Located at 57 North 12th Avenue, Suite110, Sturgeon Bay.
  Call (920) 746-8996 or (920) 559-7511

- **Family Centers of Door County —** This group provides a variety of activities for people of all ages at several locations throughout the county. Check the website for a current schedule **(www.familycentersdc.com).** There is an Older Adult Breakfast Social at the Family Center in Brussels located at 1400 County DK every 1st Wednesday of the month. Frequent events for seniors are also held at the Washington Island Family Center.
  Call (920) 825-1430 or (800) 856-1651

- **HELP of Door County —** This is a private non-profit organization that offers free services to: Domestic Abuse Victims and their families by providing crisis counseling, personal and legal advocacy, support groups, safe homes, and a 24-hour domestic abuse hotline. Older and vulnerable adult services include specialized outreach and advocacy services. Youth services offers support groups, individual crisis counseling, outreach, and prevention. Visitation and Exchange offers monitored and supervised exchanges and visits for parents and their children.
  Call (920) 743-8818 for 24 hour domestic violence HELPline or (920) 743-8785 for the business line.

- **JAK'S Place —** This is a community resource center for individuals of all ages whose lives have been affected by mental illness. It provides an inviting, encouraging and caring atmosphere for community members to obtain information and support, socialize, get healthy and / or participate in a variety of activities. A trained and dedicated staff is available to assist in locating resources, connecting with others, learning a new skill or contributing one's own talents. The center is located at 820 Egg Harbor Road, Sturgeon Bay. Hours are Monday through Friday, 1:00p.m. to 5:00p.m. Every Tuesday social dinner from 5:00p.m. to 6:00p.m., call day before for reservations.
  Call Seth at (920) 818-0525

- **Neighbor to Neighbor —** This is a non-profit umbrella agency for a number of programs. They include Respite Care, Medical Equipment loans, Peer companions and the Lemonade Club. Respite Care provides volunteers to stay with a loved one so that the caregiver can have a break. The Peer Companion program matches trained volunteers, themselves 60+, with individuals in need of companionship and support. The volunteers provide a safe, non-threatening way for elderly individuals to cope with grief, loneliness and isolation and help them bridge the gap to community resources needed. The Lemonade Club is a group of cancer survivors who meet once a month for friendship and support. Located at 62 South 3rd Avenue.
  Call Ann Bennett at (920) 743-7800

- **The Washington Island Medical Equipment through Neighbor to Neighbor, contact is Janet Hanlin at (920) 535-0021**

- **Older Adult Breakfast Social —** This program offers an opportunity to enjoy a nutritious breakfast, socialize and learn about community resources from various guest speaker. It is held at 9:00a.m. on the 1st Wednesday of every month at Family Centers in Brussels. Located at 1400 County DK. Reservations are required by noon on the day before.
  Call Shannon Finger at (920) 825-1430 or (920)655-7768

- **Sunshine House Inc —** Prevocational work skills training and day service option for individuals with a variety of disabilities Monday through Friday. This facility is also the drop off location for Goodwill Industries, from 8:00a.m. to 4:00p.m.
  Call Jim Meyer, Director (920) 743-7943

- **United Way, Find Help/Give Help —** Thousands of services available for non-emergency help, or if you want to offer help as a volunteer in your community. Can also be used as an alternative to 9-1-1 during a natural disaster or power outage.
  Get answers by calling 2-1-1 today.

LEGAL ASSISTANCE

- **Elder Law Center —** This is a public interest legal services program operated under the umbrella of the Coalition of Wisconsin Aging Groups (CWAG). The Center's primary goal is to provide accurate, up-to-date legal information, education and services to clients, individuals and organizations. They assist in guardianship, financial abuse, healthcare fraud, and Medicare Part D prescription coverage. The Center provides service through several ongoing initiatives as well. These include the Elder Financial Exploitation Project, the Medicare/Medicaid Fraud Project and the Wisconsin Guardianship Support Center. With the exception of some training programs and publications, most services are provided at no charge.
  Call (800) 366-2990

- **Legal Aid of Door County —** This program provides legal services to financially and case eligible clients. Clients with legal problems are referred to an attorney willing to provide services at no charge. To be eligible for this service, applicants must meet federal eligibility requirements.
  Call (920) 743-3934

- **Legal Action of Wisconsin —** This agency provides free legal assistance for eligible low-income persons in selected areas of law. Services are limited based on available funding. Door County is served by the Green Bay office.
  Call (800) 236-1127 or (920) 432-4645

MENTAL HEALTH SERVICES

- **Bay Counseling Clinic —** This agency provides confidential, professional and affordable counseling services to the Door County community. Individual, child, adolescent, family and couples services are available. Medicaid, Badger Care and private insurance accepted.
  Call (920) 743-4428

- **Counseling Associates of Door County —** This agency provides a wide range of counseling services to citizens of all ages. Medicaid accepted.
  Call (920) 743-9554

- **Dennis White, PhD —** Dr. White provides a variety of clinical and consulting services to individuals and agencies in Door County. Accepts most health insurances, Medicare & Medicaid.
  Call (920) 746-1346

- **Door County Department of Human Services —** This is a publicly funded human service agency providing a comprehensive range of services to assist Door County residents with mental health/emotional wellness, alcohol and other drug abuse issues, developmental disabilities and severe and persistent mental illness.
  Call (920) 746-2345

- **JAK'S Place —** This is a community resource center for individuals of all ages whose lives have been affected by mental illness. It provides an inviting, encouraging and caring atmosphere for community members to obtain information and support, socialize, get healthy and / or participate in a variety of activities. A trained and dedicated staff is available to assist in locating resources, connecting with others, learning a new skill or contributing one's own talents. The center is located at 820 Egg Harbor Road, Sturgeon Bay. Hours are Monday through Friday, 1:00p.m. to 5:00p. *Every Tuesday social dinner from 5:00p.m. to 6:00p.m., call day before for reservations. *2nd and 4th Wednesday is Game Day. *Every Tuesday is Art Group starting at 2:30p.m.
  Call Seth at (920) 818-0525

PERSONAL EMERGENCY RESPONSE SYSTEMS

- **Ministry Door County Medical Center LifeDirect —** This program provides a means for elderly or disabled individuals as well as those with significant health issues to access immediate help 24 hours a day and 7 days a week. The LifeDirect button is worn around the neck or wrist. When pressed, the button immediately calls the LifeDirect care center who, in turn, dispatches the help needed (either a previously selected "responder" or emergency personnel). Reminders to take medications, etc. can also be programmed into the LifeDirect unit. The unit is $31.00 for one time set-up fee and costs $35.00 per month.
  Call Sandy Sievert at (920) 746-3578

- **VNA Lifeline —** provides a means for elderly, disabled or those with significant health issues to access immediate help when needed. A Lifeline button is worn around the neck or wrist and calls for help when pushed. Auto alert service detects falls even if the button is not pushed. Reminders for medications can also be programmed into the Lifeline unit. There is a $32 monthly fee with free installation.
  Call Lori Kickbusch at (800) 508-5527

PHARMACIES

- **Aurora Pharmacy —**Located within the Aurora Health Center in Sturgeon Bay.
  Call (920) 746-7340

- **Bay Pharmacy —** A full-service community pharmacy that is locally owned & operated. Located in the Cherry Point Mall.
  Call (920) 746-2977

- **Pamida Pharmacy —** A pharmacy located in Northern Door County at 2541 S. Bay Shore Drive.
  Call (920) 854-9182

- **Walgreens Pharmacy —** Located at the corner of Duluth Avenue and State Highway 42/57 on the west side of Sturgeon Bay.
  Call (920) 746-5245

- **Wal Mart Pharmacy —** Located within the Wal-Mart in Sturgeon Bay.
  Call (920) 746-0412

PERSCRIPTION DRUG DROP OFF AT

Door County Sheriff's Office

1201 S Duluth Ave

Sturgeon Bay WI 54235

Drop Off Times:

Monday —- Friday 8:00 a.m. —- 4:30 p.m.

PRESCRIPTION DRUG ASSISTANCE

- **Center for Medicare and Medicaid Services —** Information & assistance regarding Medicare sponsored prescription drug plans.
  Call 1-800-MEDICARE (800) 633-4227 (or visit www.medicate.gov).

- **Coalition of Wisconsin Aging Groups —** Provides information and assistance for individuals 60 years old and over. They offer assistance specific to prescription drug coverage available in Wisconsin.
  Call toll free (866) 456-8211 (Or visit www.wismedrx.org)

- **Disability Rights Wisconsin Disability Drug Benefit Helpline —** Provides assistance for those under the age of 60 who are disabled and eligible for Medicare Part D.
  Call (800) 926-4862 or visit (www.disabilityrightwi.org)

- **Door County Benefit Specialist —** Assists individuals age 60 and older to explore and access available options for prescription drug coverage.
  Call Lynn Christenson at (920) 746-2546 (Door County Senior Resource Center)

- **Drug Company Patient Assistance Program —** These programs are designed to provide free medications to individuals who have a low income and cannot otherwise afford their medications. Not all medications can be funded through these programs. To determine eligibility, pharmaceutical companies rely on the physician's assessment of patient need.
  Call your physician for more information and assistance in applying

- **NACo Prescription Discount Card Program—** This discount card program helps consumers save money on their prescription medications any time their prescriptions are not covered by insurance. The free cards are used at any participating retail pharmacy. The discount card is not insurance.
  Call (877) 321-2652

SAFE DRIVING

- **Driver Evaluation Program —** Evaluations are conducted at Ministry Door County Medical Center Rehab Service in the Cherry Point Mall and at Good Samaritan Scandia Village in Sister Bay. In order to receive a driver's evaluation a patient must be referred by a medical doctor. Patients and families often request these referrals or are directed by their doctor to have an evaluation. Driving evaluations are not covered by Medicare or private insurance. Cost for the service is $110.00 prior or during service.
  Call Kelly Ranken (920) 746-0410

SUPPORT GROUPS & HELPLINES

- **Alzheimer's Association of Greater Wisconsin Helpline —** This toll-free 24-hour helpline provides awareness and support to people with Alzheimer's Disease and related disorders, their families, caregiver and the general public.
  Call (800) 272-3900

- **Caregiver Support Group of Door County —** These groups provide an avenue of support for anyone caring for a loved one or friend. Meetings provide support, information and the opportunity for more formalized education.
  *The Sturgeon Bay Group meets on the 1st and 3rd Wednesdays of every month from 1:00p.m. until 2:30p.m. at the Door County Senior Resource Center, 832 N 14th Ave.
  *The Sister Bay group meets on the 2nd and 4th Wednesdays of every month from 1:00p.m. until 2:30p.m. at the Sister Bay / Liberty Grove Library, 2323 Mill Rd, Sister Bay.
  *The Washington Island Group information is available by calling (920) 847-2108. *The Southern Door Group meets on the 2nd and 4th Wednesday of every month from 1:00p.m. until 2:30p.m. at the Family Center.
  Call (920) 746-2300 for more information or to register. For Washington Island call (920) 847-2108.

- **Compassionate Friends —** This is a self-help support group for bereaved parents, grandparents and siblings who have lost a child of any age. Sessions include a mixture of support and education. Meetings are held at Ministry Door County Memorial Hospital, 323 S. 18th Avenue, Sturgeon Bay.
  Call Carol Moellenberndt (920) 743-3476 or (920) 854-9801
  website: doorcountytcf.org Email: rmoellen@doorpi.net

- **Dementia Caregiver Support Group —** This group is sponsored by the Alzheimer's Association and provides support and education to caregivers of those with Alzheimer's or another form of dementia. The meetings are held the first Monday of the month, 1:30—3:00 PM at 10560 Applewood Road, Sister Bay, WI.
  Call Carrie Kostreva at (920) 854-2317

- **Dorchester's Alzheimer's Support Group—** Confidential support for family and friends of persons with Memory Loss, Dementia, and Alzheimer's Disease. The meetings are held every 4th Tuesday of every month from 4:00 PM—5:15 PM. Located inside The Dorchester at 200 N. 7th Avenue, Sturgeon Bay.
  Register with Elizabeth at (920) 743-6274 Ext. 649

- **Door of Hope (Grief and Loss Support Groups) —** Monthly on-going interfaith support group provide confidential peer support, insights and healing. The meetings are held at Immanuel Lutheran Church. **Baileys Harbor** the 2nd Monday of each month from 2:00 to 3:30 PM or Prince of Peace Church. **Sturgeon Bay**, the 2nd Tuesday of each month from 4:00 to 5:30 PM.
  Call Chaplain Joan Carlson for more information at (920) 868-9471. www.thedoorofhope@webs.com

- **Faith in Recovery —** a faith-based support group for individuals and family members with mental health illnesses, led by Marlys Truckhill, meets at 1 pm every Friday at JAK's Place. Meeting held at Egg Harbor Rd in Sturgeon Bay.
  Call (920) 818-0525

- **Grief Share—**this is a 13-week grief support group that meets twice a year, February to May and from September to November in the library of St. Peters Lutheran Church. The sessions consist of video presentations by professional counselors followed by small group discussions and are open to the public.
  Contact Bob Johnson at (920) 743-4431 Ext 161 for more information.

- **Heart to Heart Cancer Support Group —** This is intended for those affected by cancer and their loved ones. Sessions provide support and speakers on topics of interest. Meetings are held on the 1st Monday of the month from 6:00p.m. until 7:30p.m. in the conference center at Ministry Door County Medical Center.
  Call Pauline at (920) 868-1653 or (920) 493-3600, or Mary at (920) 743-5050.

- **HELP of Door County HELPline —** This 24-hour helpline provides crisis assistance and support to anyone affected by domestic violence.
  24 Hour Crisis-Line, Call (920) 743-8818
  Call the Office-Line at (920) 743-8785, between 8:00a.m.-4:30p.m.

- **JAK's Place—**mental health support group (open to all) meets every second and fourth Monday at 6 pm, located at 820 Egg Harbor Road.
  Call for more information (920) 818-0525

- **Mental Health Crisis Line —** This 24-hour crisis line is available to anyone experiencing mental health crisis, including thoughts/feelings of suicide.
  Call (920) 746-2588

- **The Lemonade Club Cancer Survivors Support Group —** This group is intended for those affected by cancer and their loved one. Members share lunch (although it is not required that participants eat), friendship and support. The group provides a social outlet and some education as well. Meetings are held on the 2nd Wednesday of the month at 12:00p.m. at The Draft Haus in Sturgeon Bay.
  Call Ann Bennett at (920) 743-7800

- **National Alliance for Mental Illness (NAMI) Support Group —** This group provides support for individuals dealing with mental illness, their family members and friends. Meetings are held on the 2nd and 4th Mondays of the month at 6:00p.m. at Jack's Place in Sturgeon Bay. Educational sessions, featuring various guest presenters, are also held on the 2nd Monday of the month at 7:15p.m.
  Call Marlys Trunkhill at (920) 743-6161 or HELP of Door County at (920) 743-8818 for more information.

- **Parkinson's Support Group —** This group is intended for those who are experiencing Parkinson's as well as their support people. The focus is on education but each session also includes time for socializing and sharing. Meetings are held on the 1st Thursday of the month from 1:00p.m. until 2:30p.m. at United Methodist Church in Sturgeon Bay.
  Call Carol Moellenberndt at (920)743-3476

- **Pulmonary Rehab Support Group —** "Lunch & Learn," sponsored by the Spiritual Services and Respiratory Care Departments at Ministry Door County Medical Center meets at Bayview Lutheran Church for lunch on the third Wednesdays of March, May, July, September and November from 12:30 to 2:00 p.m. A free lunch is provided. This group is for persons who have COPD, CHF, chronic asthma or some other lung/breathing disorder.
  Call Wendy at (920) 746-3570

- **Sexual Abuse Support for Men or Women —** This group provides a safe and confidential place for adults to gain support as they cope with issues of past or present sexual violation. It is free and open to any adult who has experienced sexual assault or sexual abuse. Individual support is available by appointment or walk in bases.
  Call the Door County Sexual Assault Center at (920) 746-8996 for more information.

- **Stroke Support Group —** This group is for those who have experienced a stroke, their families and interested friends. Sessions include both group discussion and an educational component. Meetings are held on the 2nd Thursday of the month at 11:45. The location varies.
  Call Kelly at (920) 746-0410 (Ministry Door County Medical Center Rehab) or Ron at (920) 858-1874

- **Survivors of Incest Anonymous —** A Confidential 12– step program for survivors of incest or sexual abuse. Run's from July through October and held Wednesday's from 7:00 p.m. until 8:30 p.m. at Stella Maris Parish 2410 S. Bay Shore Drive, Sister Bay WI 54209
  Call Laurie (920) 868-3241 to confirm meeting times before attending.

- **Unity—Navigating the Waters of Grief —** This is a five week support group open to adults who have experienced the death of a loved one. Meeting topics include: common reactions to grief, memories, coping and adjusting to new roles, self-care, traditions and finding hope. Registration is required. A current schedule is also available at **www.unityhospice.org**
  Call Lisa (920) 743-6440 or (800) 990-9249

TRANSPORTATION

- **Door 2 Door Rides—** Is a wheelchair accessible, public shared ride taxi service available to anyone in Door County with a reduced fair rate.
  Southern Door County service area includes the City of Sturgeon Bay and the Towns of Nasewaupee, Sturgeon Bay, and Sevastopol. Hours are Monday thru Friday 6:00 a.m. until 10:00 p.m., Saturday 7:00 a.m. until 6:00 p.m. and Sunday 7:00 a.m. until 3:00 p.m.
  Northern Door County service area includes the Town of Gibraltar and the southern half of the Town of Liberty Grove, including Sister Bay, Ephraim, and Fish Creek. Hours are Monday thru Friday, 7:00 am until 6:00 pm.
  Effective 6/1/2012, there will be public transit bus service connecting Sturgeon Bay with the communities of Egg Harbor/ Valmy/ Sister Bay/ Brussels/ And Algoma, from which connections can be made with the taxis operating in the Southern and Northern service areas. **For scheduling of all taxi rides and connector service, please call Door 2 Door Rides in advance at: Call (920) 746-6948 (local) or (888) 337-9485 (toll free)**

- **Door County Cab —** Provides 24/7 transportation throughout Door County
  Call (920) 818-1124

- **Door County Green Bay Shuttle —** Provides long distance transport throughout Door and Brown Counties daily. May transport to/from Appleton and other destinations as scheduled.
  Call (920) 746-0500 or (920) 256-1812

- **Door County Island Hopper —** Shuttle service for long distance travel only. Available by reservation.
  Call (920) 743-1979 or (920) 493-1979

- **Door-Tran —** Provides information and refers you to transportation options related to your need.
  Call Pam Busch at (920) 743-9999 or (877) 330-6333 Ext 108

- **Island Shuttle LLC—**Serves primarily Washington Island. Does take Door-Tran Vouchers.
  (920) 847-2287

- **N.E.W Transportation —** This is a medical transport company that provides rides to medical appointments and can bill Medicaid as appropriate. Serves the state of Wisconsin. Available Monday through Friday from 4:30 AM to 5:00 PM, Saturdays as needed. 24 Hour notice preferred.
  Call (800) 505-7411 or (920) 825-7411

- **Senior Bus —** This bus is operated by the Senior Resource Center. Rides are given to and from the Senior Center for meals as well as for shopping, medical appointments and recreation. The bus operates within the city of Sturgeon Bay on weekdays from 8:15 AM to 4:15 PM and also travels to Northern Door on Fridays. There is a minimal cost for the trip. Wheelchair accessible available and 24-Hour notice is preferred.
  Call (920) 746-2542 for scheduling or email at wschubert@co.door.wi.us

- **Sturgeon Bay DMV —** Open Tuesday and Thursday 7 a.m. until 5 p.m. Located at 1009 Egg Harbor Rd Sturgeon Bay. (Bay Ridge Mall)
- **Sunshine House Bus —** This bus provides transportation primarily for those individuals who are served by Sunshine House. However, other organizations can contract for transport services as well. Serves southern Door County to the border of Egg Harbor. Wheelchair accessible. Hours are from Monday thru Friday, 7:30a.m. until 5:00p.m. Daily fixed bus routes and midday transportation available.
  Call (920) 743-7943 or check website at pjbosman@doorpi.net
- **Veteran Transportation —** Transportation for Veterans to and from VA Clinics. 1st and 3rd Thursday to Cleveland & Milwaukee. 2nd and 4th Thursday to Green Bay and Appleton.
  For reservations, contact Door-Tran at (920) 743-9999, (877) 330-6333 Ext. 108
- **Washington Island Community Van —** Travels from Washington Island to Sturgeon Bay and back three times per month. Throughout Washington Island on a daily basis. Does take Door-Tran Vouchers.
  Call (920) 847-3129 or (920) 847-2576
- **Washington Island Ferry —** Travels to and from Washington Island and Northport Pier.
  Call (800) 223-2094, check website www.wisferry.com email: info@wisferry.com

VETERANS SERVICES

- **Door County Veterans Service Office —** This office assists all veterans and their families with obtaining state and federal benefits. They help with determining which benefits you are entitled to and help you with the application process. Office hours are 8:00a.m. until 4:30p.m.
  Call (920) 746-2226 or (920) 746-2225 or Toll free at (888) 743-1844 Ext. 2226

VISION

- **The Lions Club** provide vision care (exam & glasses) to county residents in financial need. An applicant can be obtained from an optometrist. Forms are to be returned to the club where the applicant resides.

  Brussels— Mike Zittlow @ 920-825-7679
  Egg Harbor- Orie Milton @ 920-746-0248
  Forestville/Maplewood- Christopher Sampo @ 920-856-6603
  Sister Bay- James Springer @ 920-854-4572
  Sturgeon Bay– James Paterson @ 920-743-7168
  Washington Island– Tony Young @ 920-847-2659
- **Lions Club** collect used glasses at Huehns, Forbes, DC Senior Center and in front of Econo Foods.
- **Office for the Blind and Visually Impaired —** State of Wisconsin Department of Health and Family Services.
  Call Angela Zalig at (920) 448-5234 or (888) 879-0017

VOLUNTEER OPPORTUNITES

- **Door County Senior Resource Center —** The Senior Center Nutrition Program provides meals for home bound seniors and is always looking for volunteer drivers. Training is provided for volunteers.
  Call (920) 746-2542
- **Door County Department of Human Services —** This agency utilizes volunteers to provide shopping assistance and companionship, guardianship services and transportation assistance to individuals in need through its "Wheel" Shop For You. Volunteer Guardianship and Volunteer Transportation programs. Training and guidance is provided to all volunteers.
  Call (920) 746-7155
- **Unity —** A not-for-profit organization that provides hospice, palliative and bereavement services. Volunteers engage in meaningful experiences by helping to support these programs and Unity's mission. Primary ways individuals serve include visiting with patients to keep them company or providing respite for caregivers. Some volunteers also assist by transporting patients to medical appointments.
  Call (920) 743-6440 or visit **www.unityhospice.org** and click *Join our Team*.
- **Volunteer Center of Door County —** This is a non-profit agency whose goal is to connect willing volunteers with community organizations in need of their assistance.
  Call Pam Seiler (920) 746-7704

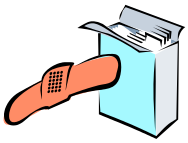
If your organization would like to suggest additions or corrections, please email Wendy Schubert at wschuber@co.door.wi.us or call 746-2542

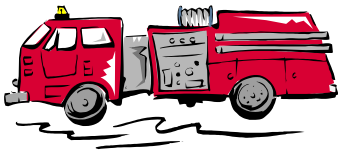
REVISED: JANUARY 2013

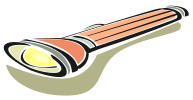
Emergency Disaster Kit Contents

***These <u>important documents</u> should be stored in a plastic zip lock bag, a fire safe box or a safety deposit box.**

- Current photo of your self and family (Pets included)
- Identification: Social Security card, driver's license, and any other documents useful for identification
- Medical ID bracelet or necklace
- Medicare, Medicaid and other insurance cards
- List of all medications and doses; list may be obtained from pharmacy
- List of each person's allergies and any special needs; list may be obtained from doctor's offices
- Medical history of each individual
- Eyeglasses
- Hearing aids and batteries
- Name, landline and cell phone numbers of all doctors
- Names and phone numbers of all pharmacies used
- Financial information: bank accounts, credit card information, investments and retirement funds
- Checks and check-writing authority
- Financial Power of Attorney Directives and Medical Decision Making
- Insurance policies, home inventory and contact numbers of insurance agent or company
- List of relatives, friends, neighbors and other potential caregivers, along with their landline, cell phone numbers and e-mail addresses
- List of regular service people and their phone numbers (plumber, electrician, carpenter, etc.)
- Cash, cashiers checks and coins
- Fire safe box or safety deposit box key







Emergency Disaster Kit Contents

- Flashlights and extra batteries
- Portable battery-powered radio and extra batteries
- Three day supply of nonperishable food and manual can opener
- Seven to ten day supply of all medications
- Kitchen utensils (forks, spoons, sharp knives)
- Three day supply of bottled water (one gallon per person, per day)
- Blankets and pillows
- Changes of clothes and sturdy shoes for each person
- Soap, toilet paper, hand sanitizer, moist towelettes and trash bags
- Cell phones and chargers
- Adult under garments and supplies (as needed)
- First aid kit and manual
- Matches in waterproof container
- Whistle
- Personal care items (denture cream, toothbrush, toothpaste, ointments, contact lens solution, chapped stick, deodorant)
- Duct tape
- Tools

For evacuation, you may need these additional supplies:

- Walker, wheelchair, and medical equipment, if needed (including power cords and/or extra batteries)
- Kitchen accessories and cooking utensils
- Map of local areas
- Portable DVD player (including power cord and/or extra batteries)
- Favorite movies and/or soothing music

Pet Preparation

- Collar and leash
- License, tags and documentation for Identification
- Pet food and treats, dishes for food and water
- Litter, box and scooper if needed
- Toys, bones, or anything else that will sooth or occupy the animal

Emergency Medical Information

Keep this information up to date and let someone know where to find this envelope.

Name_____ Date of Birth_____ Sex: M / F

Address_____ SSN_____

City_____State_____Zip_____

Emergency Contacts

Name_____ Phone #_____

Address_____

Relationship_____ Other # _____

Name_____ Phone #_____

Address_____

Relationship_____ Other #_____

Medical Data

Last Updated: Month_____ Year_____ Blood Type_____

Doctor: _____ Phone: _____

Doctor: _____ Phone: _____

Special Conditions:

_____

_____

Medical Problems	Medications	Dosage	Frequency

***Attach additional information or medical printout from doctors' office and/or pharmacy.**

Religion: _____Church/Pasture_____

Durable Power of Attorney for Health Care: (Person and location)

_____

Durable Power of Attorney for Finance: (Person and location)

_____

DNR Bracelet _____Yes _____No (Do Not Resuscitate)

Do you have an EMS-NO CPR Directive or a DNR form? ____Yes ____No

Where is it located? _____

Name of Medical Insurance Company_____

Subscriber # _____

Medicare/Medicaid #_____

Circle the conditions/concerns you have problems with:

Breathing Eyesight Hearing Mobility Swallowing Stomach Bowels

Medical Conditions

(Check the conditions that apply to you)

___No known medical conditions
___Abnormal EKG
___Adrenal Insufficiency
___Alzheimer's
___Angina
___Asthma
___Bleeding Disorder
___Bronchitis
___Cancer
___Cardiac Dysrhythmia
___Cataracts
___ (COPD) Chronic Obstructive Pulmonary Disease
___Clotting Disorder
___Congestive Heart Failure
___Coronary Bypass Graft
___Dementia
___Depression
___Diabetes/Insulin Dependent
___Emphysema
___Eye Surgery
___Glaucoma
___Hearing Impaired
___Heart Disease
___Heart Valve Prosthesis
___Hemodialysis
___Hemolytic Anemia
___High Blood Pressure
___HIV/AIDS
___Hypertension
___Hypoglycemia
___Kidney Disease (Renal)
___Laryngectomy
___Leukemia
___Liver Disease
___Lymphomas
___Malignant Hypothermia
___Memory Impairment
___Mini-Strokes (TIA)
___Multiple Sclerosis
___Myasthenla Gravis
___Pacemaker
___Renal Failure
___Seizure Disorder
___Sickle Cell Anemia
___Smoker
___Stroke (CVA)
___Thyroid Disease
___Tuberculosis
___Vision Impaired
_____Other
_____Other
_____Other

List any additional pertinent information such as: recent surgery, artificial limbs, dentures, eyeglasses or contacts, hearing aids, etc.

_____
_____
_____
_____