



Imelda Delchambre
FoodWise Nutrition Education



The FoodWise Nutrition Education program, is federally funded by the Supplemental Nutrition Assistance Program-Education (SNAP-Ed) and the Expanded Food and Nutrition Education Program (EFNEP) and serves Wisconsin residents with limited incomes. Education is offered in the following areas: nutrition, physical activity, family meals, preparing foods, safe food handling, preparation and storage practices, managing food resources, and thrifty shopping practices. Programming places include Boys and Girls Club, HeadStart, Senior Centers and Food Pantries.

January-March Programs - 2020

JANUARY

- Fridays - 4-H STEM at Southern Door Afterschool, Southern Door Elementary School
- 13 - 4-H Robotics Project, 6:00-7:00 p.m., Peninsula Rm, Gov't Center
- 14 - 4-H Horse Committee, 6:30 p.m., Chambers Rm, Gov't Center
- 15 - 4-H Volunteer Orientation (via Zoom), 6:30-8:00 p.m.
- 16 - 4-H Statewide Town Hall (via Zoom), 7:00 p.m.
- 27 - 4-H Robotics Project, 6:00-7:00 p.m., Peninsula Rm, Gov't Center

FEBRUARY

- 3 - 4-H Robotics Project, 6:00-7:00 p.m., Peninsula Rm, Gov't Center
- 7 - 4-H STEM Afterschool, Southern Door Elementary School
- 17 - 4-H Robotics Project, 6:00-7:00 p.m., Peninsula Rm, Gov't Center
- 25 - "Growing Lavender in Door County" (sponsored by Door County HCE), 1:00 p.m., Peninsula Rm, Gov't Center (call to register by Feb. 18 - 746-2260)

MARCH

- 9 - 4-H Robotics Project, 6:00-7:00 p.m., Peninsula Rm, Gov't Center

JAN.-MARCH 2020 COUNTY BOARD NEWSLETTER



Photo by Annie Deutsch (2019)



Extension

UNIVERSITY OF WISCONSIN-MADISON
 DOOR COUNTY

UW-Madison Division of Extension Door County
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Phone: (920) 746-2260 w Fax: (920) 746-2531
8:00 am - 4:30 pm, M-F
<http://door.extension.wisc.edu>

Extension Door County Educational Programming



Rob Burke
Area 12 Extension Director & Dept. Head

Running Effective Meetings Is Still a Key to Productivity

Running meetings that leave employees and participants feeling energized and eager to get out there and get the job done is extremely important, whether you are a Fortune 500 company, or a local nonprofit organization. A nice set of 'rules of thumb' for effective meetings comes from Neal Hartman, a senior lecturer in managerial communication at MIT [Sloan School of Management](#). Excerpts of his article include:

1. **Make your objective clear.** A meeting must have a specific and defined purpose. Before you send that calendar invite, ask yourself: What do I seek to accomplish? Make it clear to everyone.
2. **Consider who is invited.** When you're calling a meeting, take time to think about who really needs to be there. If you're announcing a change, invite the people who are affected by the announcement. If you're trying to solve a problem, invite the people who will be good sources of information for a solution.
3. **Stick to your schedule.** Create an agenda that lays out everything you plan to cover in the meeting, along with a timeline that allots a certain number of minutes to each item, and email it to people in advance. Once you're in the meeting, put that agenda up on a screen or whiteboard for others to see.
4. **Take no hostages.** Nothing derails a meeting faster than one person talking more than his fair share. If you notice one person monopolizing the conversation, call him out. Be public about it. Establishing ground rules early on will create a framework for how your group functions.
5. **Start on time, end on time.** Period.



Dawn VandeVoort
4-H Youth Development

With the New Year beginning, many adults set resolutions to strive for. Our resolutions are related to a variety of things—health, time management, financial or many more great topics. However, setting resolutions or goals isn't limited to adults — learning how to set goals as a young person can be a very valuable skill!

In 4-H Youth Development programs, youth are always setting goals to strive for! In their 4-H projects, members set goals for learning and accomplishments. They set an action plan and work hard throughout the year to reach their goals. All of our 4-H clubs and groups set SMART goals (Specific, Measurable, Achievable, Results-Focused, Time-bound) for their clubs to work toward during the 4-H year. By practicing setting goals and creating action plans to achieve their goals, our youth are learning a valuable life skill that will be helpful throughout life!



Annie Deutsch
Agriculture

Whether you're a land renter or owner, determining a fair rent price is a challenging process. For farmers, land rental is important for farm profitability. For landowners, renting land maximizes assets. Unless landowners and renters can agree on a price, the system can't function. Land rental rates vary depending on a variety of factors such as location, soil, and lease terms. UW-Madison Division of Extension is often a resource for landowners and renters looking to find average rental rates. Extension is conducting a survey in Kewaunee and Door Counties to determine local average rental rates. Land renters and owners in both counties are being asked to take a five-minute survey to help establish local rent averages and lease agreement terms. The survey is anonymous and the results will be grouped by town/county. You can find the survey here: <http://bit.ly/KewDoorLandSurvey>. The survey deadline is February 15, 2020. A results summary will be available after the survey closes. For more information contact Aerica Bjurstrom, Extension Kewaunee County Agriculture Agent, 920-388-7138 or aerica.bjurstrom@wisc.edu.

After a little over four years with Extension, I will be moving on at the end of the year. I've wanted to do international agricultural development/missions for the past 8 years, and I accepted an internship at an organization called ECHO (www.echonet.org) in Fort Myers, Florida for a 14-month intensive training in small-scale tropical agriculture in undeveloped regions. After the internship, I'm hoping to find an organization to join overseas to provide agricultural Extension services to those who rely on farming to survive and don't have access to educational materials. I am very thankful for the time I've had in Door County, for everything I've learned and the people I've met. This is a great county and I am privileged to have had the opportunity to work here.

Vacant
Human Development and Relationships