Nutritional Advisory Council Meeting

NOTICE OF PUBLIC MEETING

Monday, March 15th, 2021 – 9:00 a.m.
Government Center – Chamber’s Room (1st Floor)
421 Nebraska Street, Sturgeon Bay, WI 54235

In light of the declared state of emergency and to mitigate the impact of COVID-19 this meeting will be conducted by teleconference or video conference. Members of the public may join the meeting remotely or in person at the ADRC/Community Center in the Dining Room (please note public in-person has limited capacity and is on a first come, first served basis). To attend the meeting via computer:

Go to:
https://doorcounty.webex.com/doorcounty/onstage/g.php?MTID=eeb38544a114a63d640fd0514a576f236
Event Password: Mar15nac2021
Access Code: 187 575 6780

AGENDA

• Call to Order at 9:00 a.m.
• Establish Quorum
• Review and Approve Agenda
• Review and Approve Minutes from the 01/18/2021 Nutrition Advisory Committee Meeting
• Public Comment
• Council Response

• Old Business
  • Staffing Update
  • ADRC COVID-19 Operations Update
  • Three Year COVID-19 Operations Update

• New Business
  • Committee Composition and Extended Terms
  • 2021 Nutrition Program Meal Reports
  • Mobile Assessment Piloting Project
  • Grant Opportunity: ADRC and Tribal ADRS COVID-19 Vaccination Community Outreach
  • Annual Nutrition Program Satisfaction Surveys
  • Prescription Drug Pick Up Program
  • Three Year Aging Plan – 2021 Goals
  • Unmet Needs – Social Isolation and Staying Connected
  • Meeting Code

• Items to be placed on a future agenda

• Confirm Next Meeting Date and Time
  • The next Nutrition Advisory Council meeting is tentatively scheduled for Monday, May 17th, 2021 at 9:00 a.m. This meeting location will be determined.

• Adjourn

In compliance with the Americans with Disabilities Act, any person needing assistance to participate in this meeting should contact the Office of the County Clerk at (920)746-2200. Notification 72 hours prior to a meeting will enable the County to make reasonable arrangements to ensure accessibility to that meeting.
Nutrition Advisory Council - Minutes
Monday, January 18th, 2021 at 9:00 a.m.
ADRC/Community Center – Dining Room, 916 N. 14th Avenue, Sturgeon Bay, WI

THESE MINUTES HAVE NOT BEEN REVIEWED AND APPROVED BY THIS BOARD AND ARE SUBJECT TO REVIEW AND REVISION BY THE BOARD AT THEIR NEXT REGULARLY SCHEDULED MEETING.

Business Meeting
1. Call meeting to order at 9:05 a.m.
   • The meeting was called to order at 9:05 a.m. by Megan Lundahl. Members attending in person were: Megan Lundahl (Chair), Paul Zenefski, Steve Hey and Nancy Tong. Attending virtually were: Roxanne Boren, Debbie Dahms, and Winnie Jackson. Other persons present were Jake Erickson, and Jenny Fitzgerald. Barb Snow took minutes.

2. A quorum was established and the meeting continued.

3. Review and approve the agenda
   • A motion was made by Nancy Tong (In-person) and seconded Steve Hey (In-person) to adopt the agenda. The motion was carried unanimously.

4. Review and Approve Minutes from the 09/21/2020 Nutrition Advisory Committee Meeting
   • A motion was made by Debbie Dahms (Virtual) and was seconded by Roxanne Boren (Virtual) to approve the minutes. The motion was carried unanimously.

5. Public Comment – No Public

6. Council Response – None

7. Old Business
   • Staffing Update – Handout A
     o Jake referred to the Disability Benefit Specialist (DBS) job description in the packet and stated that the DBS is no longer with us. Human Resources will be reposting the position. The County Board increased the hours from 24 – 32 hours. The applications will be accepted for 2 or 3 weeks. Jake asked the committee if they know of anyone interested in the position please direct them to the county website to apply. Jake hopes that they would be able to make an offer and start by mid-February. Jake hopes to have a new DBS by March and will be able to provide the committee with a bio. The DBS works with all county residents between the ages of 17½ and 59, regarding public benefits and eligibility requirements of programs available to them. The DBS is supervised by program attorney that works out of Madison and Disability Rights of Wisconsin.
     o Jenny talked about Washington Island’s meal site needing a new LTE cook to help fill in for the main cook (Nelvie) when needed. Two people are interested they would only be needed possibly one or two times a year.
   • ADRC COVID-19 Operations Update Standing Agenda Item
     o As of right now until January 31st the ADRC doors will stay locked but we will still provide services. The challenge we face at the moment is that people think that because our doors are locked we are not providing services, meals etc. We are providing services, we try to do as much remote services, phone and virtual meetings, as much as possible. We can schedule in office appointments if no other option is available. Paul Zenefski asked if the radio station could do an announcement that we still provide services particularly around news time. Megan Lundahl mentioned that they are working on possibly extending restricted access. Taxes will be done under a no contact or limited contact where people will drop off documents for scanning and then the preparers will do them. Appointments for taxes start January 26th.
   • Three-Year Aging Plan – 2021 Goals Handout B
     o Jake referred to the Handout: Goals for the Plan Period in the packet. Every year the ADRC is required to set goals for focus areas on the Three-Year Aging Plan. Jake mentioned Focus Area 6-A. Advocacy Related Activities and the Aging Advocacy Day in Madison and said that it might look a little different because of Covid-19. The goals marked in green have been completed or adjusted for COVID-19.
     o Jenny discussed Focus Area 6-B. The Elder Nutrition Program. Eat Well Age Well topics, such as; Eye Health, Different foods and recipes, a goal sheet with a new goal; will go out to meal sites and Meals on Wheels once a month.
     o Jenny talked about the “Welcome to Caregiving Orientation 2021” in Focus Area 6-C. Jenny will put the packet together and reach out to other ADRC’s and caregivers to see what they put in their packets.
Focus Area 6-D. Services to People with Dementia. The memory screens were on hold and will look different with COVID-19.

Jenny discussed Focus Area 6-E. Healthy Aging. The ADRC will partner with Door County Medical Center, local medical clinics, YMCA and Public Health, to start a quarterly Health Prevention and Promotion Coalition by December 31st. The 2021 programs include: Stepping On, Living with Chronic Conditions, Powerful Tools, Walk with Ease, Fall Prevention can expand out to try to boost participation.

Focus Area 6-F. Local Priorities. The goal for information and assistance, benefit counseling and long-term care options counseling, to expand their weekly office hours in Northern Door and Southern Door was put on hold because of COVID-19 and will try again this summer (2021). We also shifted the Friendly Phone Call Program to the Adopt-a-grandparent program. Jake said that if anyone wants to be a part of these goals to let us know. Steve Hey mentioned that when we do make the phone calls they should say ADRC with local numbers because of all the scams out there and most people don’t answer phone calls from numbers they don’t know.

Three Year Aging Plan – Community Engagement Plan
Development of Next 3 year aging plan 22-24 the state encourages us to reach out and gather public feedback. Shed more light on what is needed by putting out a community wide survey. The survey provides a baseline, more of an overview of what the community needs. The survey asks if anyone is interested in providing contact info for a follow-up call. Other ideas presented were reaching out to newspapers and radio to help spread word. Committee members could help complete one-on-one interviews and small group conversations, probably Virtually as we have a Zoom Account. We will facilitate and coordinate and work on a script. Megan said she would not be able to help with the one-on-one interviews. Steve asked how to record the conversations. Jake responded that they could write it up summarizing the conversation. Do we just have to ask for permission to record and can we use verbal consent or do we have to have written permission? Jake will run it by Corp Counsel. If we can record Jake can reach out to Tina at the library for recording devices. The first step to start community engagement is the survey. For interviews the contacts do not have to come from the surveys, they can be anyone. Megan can help with calls for the volunteer corps. Jake’s goal for surveys returned is possibly 200 surveys with 10-15 being from outlying county areas. We can also reach out to the churches to see if they would be willing to help.

8. New Business

2020 Nutrition Program Stats
With the ADRC not doing congregate meals most of the year in 2020 the stats are not that much different; 2019 had 41,301 meals versus 2020 which had 40,998. The meals transitioned from congregate to carryout (Home Delivered Meals) because of the pandemic. There wasn’t a lot of disruption to these meals we served, because of teamwork to get things accomplished during COVID-19. Roxanne said people are happy with frozen meals on the Island. We have a ticket booth that we borrowed from Fair Board so when we hand out the meals we can stay kind of warm.

Jenny read the feedback letters from a consumer that uses the meal site up north and also a meals on wheels participant thank you card.

New Dietary Guidelines
The new dietary guidelines came out about a month ago. The dietician is making sure we are following thru with New Dietary Guidelines. GWAAR is going to go thru and make sure we aren’t missing anything.

ADRC Resolution
Jake discussed the ADRC Resolution explaining that the first ADRC’s State wide were considered the 1st Generation ADRC’s in 1998. 3rd Generation ADRC’s received funding based on how we rolled out. The Resolution asks if we are able to fund ADRC services and staff based on what’s available now and if answer is No, then there is a need to adjust funding. The resolution was provided to HHS Board and passed onto full County Board. The estimated number is $235,000 from GPR fund to support ADRC of Door County. If the resolution is passed we would receive almost $360,000 to be able to hire new staff and offer additional services.

Advancing States FY 2021
Additional funding with an increase in the Home Delivered Meal (HDM) program and congregate meal.
Caregiving program will not be as much of an increase as Cares received in 2020.

Adopt-a-Grandparent Program
Jake referred to the press release handout in the packet for Adopt-a-Grandparent Program. He noted that not everyone wants a phone call. Some want to write letters and get e-mails. There are about 40 – 60 individuals involved in the program. The participants are from different schools, big clubs, and adults. Nicki overseeing the program and that there are background checks between child and adult connection. The survey responses for kids to be paired up were very interesting. We are hoping to schedule a get together for them to meet when Covid-19 allows.

Unmet Needs – Social Isolation and Staying Connected – Standing Agenda Items
Jake asked the committee if they are seeing or hearing anything with friends, neighbors, family and community about being socially isolated. We are seeing some in the carry out meal program that are feeling more isolated, we have
connected to some of them to see if we can help them. Megan said that folks in her generation are feeling helpless, guilty and sometimes anger because they are isolated because of Covid-19 or health. They are upset that they aren't connected with loved ones. They try meeting on the phone and loved ones can't hear them. They are not able to go see family more so starting to realize they need services to help. They are looking at things through a different lens looking helps folks look for different options for their needs.

- Megan asked “How are we going to be a resource for vaccinations?”. Jake responded that Public Health helps give us answers and we work closely with EMS as well. The vaccines will be scheduled as a drive thru model. Last week the higher priority group 1A started. After you receive the vaccine there is a 15-minute cooldown. There should be a press release when they are ready to schedule the next group of vaccines.

- Meeting Code – 118

9. Items to be placed on a future agenda

10. Confirm Next Meeting Date and Time
- The next Nutrition Advisory Council meeting is tentatively scheduled for Monday, March 15th, 2021 at 9:00 a.m. This meeting will be held at the Government Center in the Chamber’s Room.

11. Adjourn.
- A motion was made by Steve Hey and seconded by Debbie Dahms to adjourn.
- Meeting was adjourned at 11:05 a.m.

The minutes for this meeting were recorded by Barb Snow.
Aging and Disability Resource Center (ADRC) of Door County Questionnaire

We want to hear from you!

Every three years, the Aging and Disability Resource Center (ADRC) of Door County is required by the State of Wisconsin to complete a strategic plan that serves as a platform to create, improve and expand services we provide our community. This living document is known as our “Three Year Aging Plan” and the new plan will cover 2022-2024.

Our staff and advisory committee members participate in the development of this plan, but input and feedback from you is extremely valuable.

Your response is a key element in determining how we are currently doing in serving our community, in identifying areas of program improvement and in coming up with creative ways to fill existing service gaps. It also allows an opportunity for those who are affected by or interested in an issue to be involved in decision-making.

You can also fill out the survey online: https://www.surveymonkey.com/r/VJ90QJ3

We hope everyone is staying safe. You are not alone! Please do not hesitate to call us at (920)746-2372 if you need any additional support or you would like help filling out the questionnaire.

1. Where in Door County do you reside?
   - □ Northern Door
   - □ Washington Island
   - □ Southern Door
   - □ Sturgeon Bay

2. What age bracket are you in?
   - □ Under 30
   - □ 30-39
   - □ 40-49
   - □ 50-59
   - □ 60-69
   - □ 70-79
   - □ 80-89
   - □ 90+

3. Where do you gather information about Door County’s programs and services? (Check all that apply)
   - □ WDOR Radio Station/Website
   - □ WBDK Radio Station/Website
   - □ 106.9 Lodge Radio Station/Website
   - □ Peninsula Pulse Newspaper/Website
   - □ Facebook (i.e. Social Media)
   - □ Other: __________________________

4. In what ways has the COVID-19 pandemic impacted your life the most? (Check the top three)
   - □ Mental Health
   - □ Access to Food/Groceries
   - □ Financial Security
   - □ Staying Connected to Family/Friends
   - □ Regular Physical Activity
   - □ Access to Healthcare
   - □ In-Home Support
   - □ Other: __________________________

5. What Aging and Disability Resource Center (ADRC) services have you received? (Check all that apply)
   - □ Caregiving Support
   - □ Fitness Room / Exercise Classes
   - □ Information & Assistance Finding Resources
   - □ Fall Prevention Resources
   - □ Applying for FamilyCare
   - □ Social Opportunities (Events, Activities, Trips...)
   - □ Help applying for: BadgerCare, FoodShare, Social Security Programs (SSI/SSDI), Long Term Care Programs...
   - □ Dine-in Meals / Carryout Meals
   - □ Frozen / Hot Home Delivered Meals
   - □ Tax Preparation
   - □ Medicare Open Enrollment
   - □ None
   - □ Other: __________________________
6. Do you live alone?
- Yes
- No

7. Do you have enough support and/or resources you need to live safe and independent at home? If not, please explain why.
- Yes
- No, why: ____________________________

8. What do you feel are the main challenges for older adults living in Door County? (Check all that apply)
- Housing
- Nutrition/Food Resources
- Finding In-Home Support
- Caregiver Support
- Transportation
- Physical Activity
- Dementia
- Opportunities to Interact with Others
- Loneliness
- Mental Health
- Staying Connected to Friends/Family
- Financial Security
- End of Life Preparedness
- Other: ____________

9. What do you feel are the main challenges for adults living with a disability in Door County? (Check all that apply)
- Access to Healthcare
- Housing
- Nutrition/Food Resources
- Employment/Job Training
- Physical Activity
- Staying Connected to Friends/Family
- Finding In-Home Support
- Financial Security
- Opportunities to Interact with Others
- Transportation
- Mental Health
- Other: ____________

10. Are you interested in participating in a one-on-one follow up call or a small virtual group discussion to talk about the main issues and challenges older adults and adults living with a disability face living here in Door County? If yes, please provide us your contact information:

Name: ____________________________ Phone Number: ____________________________

11. Is Door County meeting the needs and challenges of older adults and adults living with a disability? What additional services and programs would improve the lives of older adults and adults living with a disability in our community? Please share your thoughts and ideas below.

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

Thank you for participating!

Please Return To: Aging and Disability Resource Center of Door County
916 N. 14th Avenue, Sturgeon Bay, WI 54235
Q1 Where in Door County do you reside?

Answered: 235  Skipped: 0

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<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
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<td>Northern Door</td>
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<td>Washington Island</td>
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<td>Southern Door</td>
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<td>Sturgeon Bay</td>
<td>61.28%</td>
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Q2 What age bracket are you in?

Answered: 235   Skipped: 0

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<td>70-79</td>
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<tr>
<td>80-89</td>
<td>17.02%</td>
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<tr>
<td>90+</td>
<td>5.96%</td>
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TOTAL 235
Q3 Where do you gather information about Door County's programs and services? (Check all that apply)

Answered: 213  Skipped: 22

**ANSWER CHOICES**

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<tr>
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<th>RESPONSES</th>
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<td>WDOR Radio Station/Website</td>
<td>31.92%</td>
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<td>WBDK Radio Station/Website</td>
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<td>106.9 Lodge Radio Station/Website</td>
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<td>Peninsula Pulse Newspaper/Website</td>
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Total Respondents: 213
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<tr>
<td>2</td>
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<td>newsletter</td>
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<td>5</td>
<td>WICHP</td>
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<td>7</td>
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<td>8</td>
<td>Word-of-mouth</td>
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<td>Washington Island Community Health Program WICHP</td>
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<td>10</td>
<td>neighbor</td>
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<td>It is difficult to find info for rural areas of the county.</td>
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<td>Adrc, ymca health fair</td>
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<td>Green Bay Press Gazette, Newsletters for orgs I belong to</td>
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<td>WBAYTV ABC, GB PressGazette</td>
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<td>Door County Daily News, the Advocate</td>
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<td>26</td>
<td>I'm on County Board &amp; the Health &amp; Human Services Board</td>
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<td>Washington Island Observer</td>
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ADRC Three Year Aging Plan Questionnaire

38 family and friends
39 paper
40 Advocate and Press Gazette
41 ADRC newsletter
42 Friends
43 Internet
44 Pulse
45 "word of mouth"; emails
46 Door County Daily News online newsletter
47 ADRC monthly magazine
48 newspaper websites
49 ADRC newsletter
50 Other online sources
51 WICHP
52 Online searches
53 Neighbors
54 email
55 people
56 Monthly ADRC newsletter
57 ADRC newsletter
58 caregivers
59 advocate, Door County Daily News newsletter to my email
60 your bulletin is delivered to our apartment building
61 Door County Advocate and sister-in-law
62 daughter and friends
63 caregivers
64 friend
65 family
66 Advocate
67 by mouth
68 Door County Advocate
69 website
70 ADRC website
71 Mostly Facebook or email.
72 Google it
73 Other residents-"word of mouth"
Q4 In what ways has the COVID-19 pandemic impacted your life the most? (Check the top three)

Answered: 230    Skipped: 5

### Answer Choices

<table>
<thead>
<tr>
<th>Choice</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental Health</td>
<td>28.26%</td>
</tr>
<tr>
<td>Access to Food/Groceries</td>
<td>18.26%</td>
</tr>
<tr>
<td>Financial Security</td>
<td>7.83%</td>
</tr>
<tr>
<td>Staying Connected to Family/Friends</td>
<td>87.83%</td>
</tr>
<tr>
<td>Regular Physical Activity</td>
<td>46.96%</td>
</tr>
<tr>
<td>Access to Healthcare</td>
<td>14.35%</td>
</tr>
<tr>
<td>In-Home Support</td>
<td>6.09%</td>
</tr>
<tr>
<td>Other (please specify)</td>
<td>18.70%</td>
</tr>
</tbody>
</table>

Total Respondents: 230
ADRC Three Year Aging Plan Questionnaire

# OTHER (PLEASE SPECIFY)

1. none
2. no dancing
3. no travel
4. church
5. church
6. Avoiding public gatherings and events
7. not - I enjoying not being busy
8. Same
9. I don't talk with strangers whom I meet on the street or on a trail, like I used to.
10. It has been positive. Found lots of in home activities: downsizing and getting rid of unnecessary items was the biggest help, read, kept up with world news, and got ready for spring gardening
11. stress
12. Cancellation of planned travel and entertainment activities
13. Miss singing in the Community Choir of Door County, church (Immanuel)
14. Frustration in accomplishing community goals and social and family life.
15. Ability to Enjoy Hobbies
16. Part time work
17. Sense of isolation
18. I miss hugging and kissing.
19. Dining Out with Friends
20. Grandchildren and activities
21. dependent on daughter for transportation and food purchase
22. Worship
23. Furloughed from job
24. The loss of normal activities and the isolation from other people.
25. Boredom!
26. Church attendance restrictions, otherwise, not much
27. Awareness of a lack of empathy among many people
28. It has kept us from traveling to see family and friends
29. The pandemic has positively impacted my life (though, of course I am aware of the terrible ways it's impacted many). I work out and ride bike more than before; my friends and family and I have made efforts to stay in touch and enhance our relationships; and I believe I'm a more disciplined and thoughtful person as I've tried to protect myself and those with whom I interact.
30. Meetings and forums
31. dining out
32. Hugs!
33. fall prevention program. I actually started facetime!
34. Isolation

SurveyMonkey

DATE
3/9/2021 9:04 AM
3/9/2021 10:14 AM
3/8/2021 9:40 AM
3/5/2021 12:01 PM
3/5/2021 8:46 AM
3/2/2021 10:47 AM
3/2/2021 10:32 AM
3/1/2021 10:00 PM
3/1/2021 10:59 AM
3/1/2021 9:31 AM
3/1/2021 9:13 AM
2/28/2021 11:57 AM
2/28/2021 11:32 AM
2/28/2021 10:12 AM
2/28/2021 9:48 AM
2/28/2021 6:44 AM
2/27/2021 5:44 PM
2/27/2021 3:57 PM
2/22/2021 10:41 AM
2/22/2021 10:38 AM
2/22/2021 10:31 AM
2/22/2021 9:45 AM
2/21/2021 5:25 PM
2/21/2021 11:00 AM
2/21/2021 10:58 AM
2/21/2021 10:10 AM
2/21/2021 9:52 AM
2/21/2021 8:51 AM
2/21/2021 8:46 AM
2/20/2021 6:40 AM
2/19/2021 2:48 PM
2/19/2021 11:50 AM
2/19/2021 11:48 AM
2/19/2021 11:37 AM
ADRC Three Year Aging Plan Questionnaire

35  staying home and not seeing friends
36  travel to medical services
37  Volunteering
38  Miss going to senior center, classes, lunch, and socializing
39  "Retired" earlier than planned
40  Staying Home
41  Having groceries delivered has been a blessing.
42  Being alone
43  Not able to travel, enjoy eating out and attending various activities
Q5 What Aging and Disability Resource Center (ADRC) services have you received? (Check all that apply)

Answered: 224   Skipped: 11
<table>
<thead>
<tr>
<th>Answer Choices</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caregiving Support</td>
<td>9.38% 21</td>
</tr>
<tr>
<td>Fitness Room/Exercise Classes</td>
<td>16.62% 37</td>
</tr>
<tr>
<td>Information &amp; Assistance Finding Resources</td>
<td>27.23% 61</td>
</tr>
<tr>
<td>Fall Prevention Resources</td>
<td>7.59% 17</td>
</tr>
<tr>
<td>Applying for FamilyCare</td>
<td>2.23% 5</td>
</tr>
<tr>
<td>Social Opportunities (Events, Activities, Trips...)</td>
<td>18.75% 42</td>
</tr>
<tr>
<td>Help Applying for: BadgerCare, FoodShare, Social Security Programs (SSI/SSDI), Long Term Care Programs...</td>
<td>9.38% 21</td>
</tr>
<tr>
<td>Dine-In Meals/Carryout Meals</td>
<td>41.52% 93</td>
</tr>
<tr>
<td>Frozen/Hot Home Delivered Meals</td>
<td>16.07% 36</td>
</tr>
<tr>
<td>Tax Preparation</td>
<td>16.52% 37</td>
</tr>
<tr>
<td>Medicare Open Enrollment</td>
<td>11.61% 26</td>
</tr>
<tr>
<td>None</td>
<td>30.36% 68</td>
</tr>
<tr>
<td>Other (please specify)</td>
<td>10.27% 23</td>
</tr>
</tbody>
</table>

Total Respondents: 224
OTHER (PLEASE SPECIFY)

1. The vast majority of ADRC services are centered in Sturgeon Bay... not in Northern Door.
2. Open House exhibit at WICHP Washington Island
3. We just retired here
4. None personally, but have looked into resources for my mother, who is in her 70's, who is considering relocating to the area.
5. Since you didn't give a timeframe to this question, I answered for anytime in the past that I've received these services
7. fellowship-staff
8. Learning in Retirement classes
9. I wish someone would explain or have a booklet to let me know if I qualify for your services and how they work.
10. Caregiver and physical education
11. Peer to Peer assistance
12. Windows 10 and Apple IOS Classes
13. Need to offer programs in the northern section. Also, need a building in northern section.
14. Craft group meeting place
15. piece of mind that my elderly mother has use of your services
16. Exercise/strength training
17. I was disappointed in the help I did not receive with Medicare information. I had hoped to talk with someone, but was told to do research online. Others have told me they rec'd good info from ADRC. Confused.
18. Health such as pedicures, classes
20. transportation
21. no comment entered
22. no comment entered
23. transportation
Q6 Do you live alone?

Answered: 232    Skipped: 3

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>39.22%</td>
</tr>
<tr>
<td>No</td>
<td>60.78%</td>
</tr>
<tr>
<td>TOTAL</td>
<td></td>
</tr>
</tbody>
</table>
Q7 Do you have enough support and/or resources you need to live safe and independent at home? If not, please explain why.

Answered: 223   Skipped: 12

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>96.41%</td>
</tr>
<tr>
<td>No</td>
<td>3.59%</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>#</th>
<th>IF NO, WHY</th>
<th>DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Not enough home care</td>
<td>3/8/2021 10:23 AM</td>
</tr>
<tr>
<td>2</td>
<td>I need more help at home. I have a caregiver come in, but her hours are limited. This state allows</td>
<td>3/4/2021 3:35 PM</td>
</tr>
<tr>
<td></td>
<td>what they believe is enough hours for an elder individual not what is needed for that elder. With</td>
<td></td>
</tr>
<tr>
<td></td>
<td>COVID extra hours should have been added-especially for Washington Island residents since they</td>
<td></td>
</tr>
<tr>
<td></td>
<td>receive the least amount of resources.</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Poor and disability and no family</td>
<td>3/1/2021 10:00 PM</td>
</tr>
<tr>
<td>4</td>
<td>Difficult to find help.</td>
<td>3/1/2021 6:41 PM</td>
</tr>
<tr>
<td>5</td>
<td>I care for my 94 yo mother</td>
<td>3/1/2021 6:33 PM</td>
</tr>
<tr>
<td>6</td>
<td>Need emotional/mental health support</td>
<td>3/1/2021 8:26 AM</td>
</tr>
<tr>
<td>7</td>
<td>All of are children live 3hrs away.</td>
<td>2/28/2021 9:05 AM</td>
</tr>
<tr>
<td>8</td>
<td>handicapped needs on redoing my home for wheelchair</td>
<td>2/22/2021 10:48 AM</td>
</tr>
<tr>
<td>9</td>
<td>immobility</td>
<td>2/22/2021 10:41 AM</td>
</tr>
<tr>
<td>10</td>
<td>BUT increasingly difficult to locate help for household jobs</td>
<td>2/21/2021 12:14 PM</td>
</tr>
<tr>
<td>11</td>
<td>so far</td>
<td>2/19/2021 11:22 AM</td>
</tr>
</tbody>
</table>
Q8 What do you feel are the main challenges for older adults living in Door County? (Check all that apply)

Answered: 225  Skipped: 10
### ANSWER CHOICES

<table>
<thead>
<tr>
<th>Choice</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Housing</td>
<td>37.33%</td>
</tr>
<tr>
<td>Nutrition/Food Resources</td>
<td>23.11%</td>
</tr>
<tr>
<td>Finding In-Home Support</td>
<td>42.67%</td>
</tr>
<tr>
<td>Caregiver Support</td>
<td>23.11%</td>
</tr>
<tr>
<td>Transportation</td>
<td>50.67%</td>
</tr>
<tr>
<td>Physical Activity</td>
<td>29.78%</td>
</tr>
<tr>
<td>Dementia</td>
<td>15.56%</td>
</tr>
<tr>
<td>Opportunities to Interact with Others</td>
<td>45.78%</td>
</tr>
<tr>
<td>Loneliness</td>
<td>49.33%</td>
</tr>
<tr>
<td>Mental Health</td>
<td>15.56%</td>
</tr>
<tr>
<td>Staying Connected to Friends/Family</td>
<td>43.11%</td>
</tr>
<tr>
<td>Financial Security</td>
<td>20.44%</td>
</tr>
<tr>
<td>End of Life Preparedness</td>
<td>17.78%</td>
</tr>
<tr>
<td>Other (please specify)</td>
<td>11.56%</td>
</tr>
</tbody>
</table>

Total Respondents: 225
<table>
<thead>
<tr>
<th>#</th>
<th>OTHER (PLEASE SPECIFY)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Getting services on the island like exercise groups, grief counseling, etc.</td>
</tr>
<tr>
<td>2</td>
<td>Difficult, time-consuming and expensive medical visits from Washington Island</td>
</tr>
<tr>
<td>3</td>
<td>very good services</td>
</tr>
<tr>
<td>4</td>
<td>?</td>
</tr>
<tr>
<td>5</td>
<td>high quality nursing homes</td>
</tr>
<tr>
<td>6</td>
<td>healthcare</td>
</tr>
<tr>
<td>7</td>
<td>Who to call for help. My wife fell several times not hurt but who do you call. Seems</td>
</tr>
<tr>
<td></td>
<td>not 911 because she wasn't hurt just needed help to get her on her feet. Sheriff</td>
</tr>
<tr>
<td></td>
<td>wouldn't help.</td>
</tr>
<tr>
<td>8</td>
<td>Finding connections with ACTIVE seniors like myself. Had to start my own Jazzercise</td>
</tr>
<tr>
<td></td>
<td>classes in Sturgeon Bay because I could not find an adequate workout for those like</td>
</tr>
<tr>
<td></td>
<td>me (68 years old now). Classes have been popular for all ages, but especially</td>
</tr>
<tr>
<td></td>
<td>55-65 year old demographic.</td>
</tr>
<tr>
<td>9</td>
<td>$1,200 and up apt's are too expensive. We have no senior village in SB. Physical</td>
</tr>
<tr>
<td></td>
<td>activities are limited &amp; repetitive - we need a large, community indoor ice rink, w</td>
</tr>
<tr>
<td></td>
<td>pickleball, curling, indoor walking track, mtg rooms for guilds, etc that's less</td>
</tr>
<tr>
<td></td>
<td>expensive than YMCA.</td>
</tr>
<tr>
<td>10</td>
<td>Need for assisted living center on Washington Island</td>
</tr>
<tr>
<td>11</td>
<td>Too many nonprofit agencies begging for money</td>
</tr>
<tr>
<td>12</td>
<td>unknown</td>
</tr>
<tr>
<td>13</td>
<td>Someone caring for them!!!</td>
</tr>
<tr>
<td>14</td>
<td>Aging population needs support services as age takes it toll. We used to stay on our</td>
</tr>
<tr>
<td></td>
<td>Sister Bay property for 6 months of the year but since my wife developed Renal</td>
</tr>
<tr>
<td></td>
<td>disease and finding no room for us at the ONLY dialysis facility between WI and</td>
</tr>
<tr>
<td></td>
<td>Green Bay was in Sturgeon Bay, they are full to capacity and ONLY take fulltime</td>
</tr>
<tr>
<td></td>
<td>residents. Since we need dialysis 3 times a week and round trips to Green Bay or</td>
</tr>
<tr>
<td></td>
<td>Appleton are really out of the question, we can not enjoy the charm of Door County</td>
</tr>
<tr>
<td></td>
<td>and our 20 acres in Sister Bay. We haven't been able to stay at out home in over 2</td>
</tr>
<tr>
<td></td>
<td>years.</td>
</tr>
<tr>
<td>15</td>
<td>Medicare help and tax help</td>
</tr>
<tr>
<td>16</td>
<td>Everyone is different and faces a different combination of challenges. If there was</td>
</tr>
<tr>
<td></td>
<td>solid data on the &quot;main challenges&quot;, this question wouldn't be asked. Like you, I</td>
</tr>
<tr>
<td></td>
<td>don't have that information but I suspect that some or all of these issues are</td>
</tr>
<tr>
<td></td>
<td>significant for many among the county's elderly.</td>
</tr>
<tr>
<td>17</td>
<td>And why is spiritual care not listed?</td>
</tr>
<tr>
<td>18</td>
<td>fairly new residents of Sturgeon Bay so not familiar with the main challenges of older</td>
</tr>
<tr>
<td></td>
<td>adults.</td>
</tr>
<tr>
<td>19</td>
<td>As long as technology to do so, in home camera/facetime/internet</td>
</tr>
<tr>
<td>20</td>
<td>Insufficient publicity about available services that can be provided.</td>
</tr>
<tr>
<td>21</td>
<td>For housing - AFFORDABLE housing if someone wants to live alone.</td>
</tr>
<tr>
<td>22</td>
<td>All of these to some extent.</td>
</tr>
<tr>
<td>23</td>
<td>No choice in where they live. Many are alone on a paid off property and don't have</td>
</tr>
<tr>
<td></td>
<td>means to get closer to town.</td>
</tr>
<tr>
<td>24</td>
<td>Covid has really impacted on activities.</td>
</tr>
<tr>
<td>25</td>
<td>Access to some healthcare! Transportation outside the County to meet healthcare needs!</td>
</tr>
<tr>
<td></td>
<td>Some of the issues listed have increased with Covid.</td>
</tr>
<tr>
<td>26</td>
<td>Difficult question as there are so many variables, health status, life changes that</td>
</tr>
<tr>
<td></td>
<td>there is no one or even several answers</td>
</tr>
</tbody>
</table>
Q9 What do you feel are the main challenges for adults living with a disability in Door County? (Check all that apply)

Answered: 204  Skipped: 31
<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Access to Healthcare</td>
<td>23.53%</td>
</tr>
<tr>
<td>Housing</td>
<td>43.63%</td>
</tr>
<tr>
<td>Nutrition/Food Resources</td>
<td>21.08%</td>
</tr>
<tr>
<td>Employment/Job Training</td>
<td>26.47%</td>
</tr>
<tr>
<td>Physical Activity</td>
<td>37.25%</td>
</tr>
<tr>
<td>Staying Connected to Friends/Family</td>
<td>33.82%</td>
</tr>
<tr>
<td>Finding In-Home Support</td>
<td>47.55%</td>
</tr>
<tr>
<td>Financial Security</td>
<td>26.47%</td>
</tr>
<tr>
<td>Opportunities to Interact with Others</td>
<td>40.69%</td>
</tr>
<tr>
<td>Transportation</td>
<td>53.43%</td>
</tr>
<tr>
<td>Mental Health</td>
<td>24.51%</td>
</tr>
<tr>
<td>Other (please specify)</td>
<td>15.69%</td>
</tr>
<tr>
<td>Total Respondents: 204</td>
<td></td>
</tr>
</tbody>
</table>
ADRC Three Year Aging Plan Questionnaire

# OTHER (PLEASE SPECIFY)
1 Lack of accessible public transportation on Washington Island
2 I don't Know
caregiving
4 I don't know anyone at this time and just guessing
5 caregiving
7 hard to ask people to do things for you
caregiving
9 Help other then 911.
10 Resources for active seniors like me (68). Could not find adequate workout anywhere so have my own Jazzercise classes in Sturgeon Bay. Popular with 55-65 year old demographic.
11 Not qualified to answer this one.
12 I'm not aware of this
13 No disabilities here. Challenges of seniority but not disabled
14 Isolation
15 I don't feel qualified to say
unknown
17 Don't know enough to comment
18 Someone who helps them from your office!
19 No disability
do not know
21 Support groups
22 I don't know.
23 Since I have no first hand experience with this issue, I don't know. I'd seek information from those impacted by disability.
24 N/A
25 Being so new here, we are not familiar with the challenges of any adults with disabilities. the disabilities are so varied that all would apply depending on the specific disability
27 Not being disabled unable to answer wisely
28 Finding quality in home support with dependable, trustworthy people. This tricked into affordable housing and daycare because those folks are in need of help so they can care for others.
29 Since I am lucky not to have a disability, I don't know.
30 Don't know enough to answer
31 Does not apply
Unknown
Q11 Is Door County meeting the needs and challenges of older adults and adults living with a disability? What additional services and programs would improve the lives of older adults and adults living with a disability? Please share your thoughts and ideas in the box below.

Answered: 82   Skipped: 153
ADRC Three Year Aging Plan Questionnaire

# RESPONSES
1. I think Door County offers a lot of good programs for adults that are older, you just have to inquire about them. I think ADRC has a lot to offer older adults.

2. I would like to have access to short term care for my wife (baby sitting) so that I can participate in outside activities occasionally & not have to transport her to Sturgeon Bay from here in Liberty Grove.

3. I am richly blessed! I take no medications, still drive and still have my facilities so I know nothing about the disabled. Thank you for your concern for us older people. Can’t live without you! Loraine

4. Right now, we need to keep it affordable.

5. I think that #9 contains all the challenges faced by adults with disabilities. Wonder if helping connect with even telephone/email ‘friend’ would be possible support without ‘interfering’ or dumbing down the disabled.

6. I think there is much offered in Door County for older adults, but either not known by some in need or not accessed because of false pride or not wanting to ‘bother people’. We just need to keep talking, offering, and encouraging people.

7. These are impacted by having to use the ferry. Cost and scheduled times when the ferry is available especially in the winter.

8. I would like more experienced caregivers for Washington Island. Check-ins when the caregivers can not come to the house. A volunteer even to check there mental well-being. Not everyone has a partner or a family member near. It has been challenging with COVID. People to make food on the days when there is no meals on wheels. Washington Island is the only town that does not receive meals everyday during the week. Resources & programs are limited to Washington Island for the elderly which makes it a difficult place to live the remaining years of your life which is sad because it is such a beautiful place.

9. Considering the quantity of elders and the (rather) inconvenient distances between rural and concentrated living areas, Door County does do an amazing job!

10. I have only anecdotal evidence from a friend, but I imagine that traditional reluctance to ask for help outside the family could mean that more publicizing of available help and encouragement to take advantage of resources might make a difference. For example, “Did you know that anyone can.”

11. I am very active in church and town, thus I do not need help, so I am grateful for that.

12. I put my name above but I do not get out often. No car anymore. The ADRC is such a wonderful new building and the opportunities it offers are outstanding. Thank you all.

13. opportunities to meet in discussion groups

14. More outreach to rural area. Everything geared to Sturgeon Bay.

15. possibly

16. No, only because of COVID. Understandable, but what a shame that our beautiful center has been closed.

17. Relocation services. Assistance with locating affordable housing in the area.

18. We need more supports for in home care. I see neighbors moving when they can’t get needed care here.

19. ADRC is a life saver. The variety of offerings and programs backed by the abilities and attitudes of the staff bring joy and hope as well as service. We have friends who can help, have knowledge. The host services we need. I drive, but transport for those who don’t seem laudable. Everyone needs friends, especially with few relatives. You are friends and help us make new friends. So far I deal with loneliness and physical handicaps.

20. ADRC in Door County is amazing. Thank you for all you do for everyone.

21. More in-home help, domestic and food distribution
ADRC Three Year Aging Plan Questionnaire

22 I doubt it. Very much oriented to a younger population and to tourism. It feels like the elderly are discarded; we no longer bring in the money.

23 Transportation to medical services is essential for many. Social interaction is needed and reliable, affordable internet accesses is essential for anyone living alone or a good distance from a "social hub" (i.e., Sturgeon Bay).

24 Door County has become home to the well-to-do, leaving out those who are needy in almost any way, be it physical or financial.

25 More caregivers for living independently and in residential care facilities.

26 Get the information out. I know it's there how do you use it or apply. We used meals on wheels when we had surgeries but we feel like we're begging for it and the the bill comes and insurance does not cover it. Thanks

27 Services geared to the increasing number of retirees in Door County who are ACTIVE (55-75) versus 75 plus.

28 Former ADRC bus driver & Red Cross Driver. Too many agencies with their own policies. Need better coordination & sharing of recourses.

29 Don't care to be in a focus group, but here are some tips you can use 👑👑👑. https://youtu.be/8YDpvMYkSJA Keep hanging in there everybody!

30 More from home to medical services transportation options

31 We are very fortunate to live in the Sturgeon Bay area to have access to the ADRC.

32 We are very fortunate to live in the Sturgeon Bay area to have access to the ADRC.

33 My apartment gives me access to a library on the 3rd floor, a lady will come out and a perm hair on the 2nd floor. Access to postal needs on the 1st floor, no trips to the post office. I think a lot of Apartments, etc. could really use this. Think about the mail man. Since all the outdoor locks are used it gives you a feeling of security.

34 You all are doing a great job! WICHP is active on the Island and has done a phenomenal job of communicating with citizens their programs.

35 Yes, at the Resource Center. WICHP, the Island Clinic, and the meals delivered on Washington Island are helpful to me.

36 In home benefits like vaccines etc. I never got a flu shot for the first time because I am immobile and can't go out. Also, in home help like cleaning.

37 Unable to get Covid-19 vaccine as homebound do not drive, no car, no family to drive you, unable to walk very far, live in senior apartment, not assisted living or nursing home.

38 I think Door County does a great job in reaching out to older residents

39 For the most part, yes. The one thing I think is missing is graduated housing from independent through nursing care in one spot. A retirement community.

40 ADRC is doing a great job, especially in light of the pandemic! Staff are dedicated, creative and compassionate. Please keep doing what you are doing! Please continue to explore more opportunities for inter-generational projects.

41 Sunshine House and Cottage does a great job and sometimes partners with ADRC which is great

42 I checked a lot of boxes but overall I see so much positive due to the ADRC

43 Door County does a good job of meeting the needs and challenges of older adults living with a disability. But there is always room for expansion of these services.

44 We think Door is better than many counties, but since we don't have that issue we don't know details.

45 Yes if return to pre-pandemic

46 Respite
ADRC Three Year Aging Plan Questionnaire

47. Community gardens in local communities
48. No answer
49. I believe there is room for improvement in many age groups in Door County.
50. I think ADRC does a good job.
51. COVID-19 has limited opportunities to meet with others -church etc. Seems encouragement/chances for people to interact in a traditional/easy/ non-threatening manner would open many doors. Also, info regarding help -repairs Lifting cleaning...
52. No. I know of people over 65 who have reached out for help from your facility and it was a complete waste. They did nothing to help or help find resources!!!
53. Enforced isolation has suspended what, for me, was a pretty happy set of options to interact with others daily. Now that that's unended, I'm at a loss. I have no answers to this exceedingly complex problem!
54. My needs are being met, but housing and I home care are issues I've heard about.
55. I don't know. Moved here in the summer of 2020, during the pandemic. Haven't had the opportunity to engage in the community yet!
56. Older and disabled adults who lack financial resources and/or family support should be the focus of philanthropy and donations rather than the arts or building projects.
57. Not really. With modern medicine able to extend life, instead of people passing at 60-70 years, quality life is being extended with modern medical procedures. Dialysis is a reality, life triple by-pass surgery today. Even a Disney cruise ship offers dialysis for those needing it. Please with kidney disease will make Door County a one day visit if at all instead of spending a few weeks. There really needs to be a study done. Hospitals all have dialysis facilities but they are available only to hospital patients and emergencies. There is only one independent dialysis facility and it's located in Sturgeon Bay. Not convenient to Sister Bay but we were using it. Then one year they said they could accept us 3 years ago because they were full up and would only take full-time residents. People are living longer and will continue to live longer if they have the life sustaining support that the aging population needs. Our "winter" home in downtown Chicago, McHenry County, and tehre are over 25 facilities with 10 miles of our home. Dialysis is not for the wealthy. It's paid for by Medicare or Medicaid. The problem you seem to have up there is restrictive health/hospital jurisdictions/turfs and the need to attract qualified personnel.
58. Public relations. Need to have people aware of services provided to adults.
59. Door County, especially, Northern Door needs a variety of more basic stores to shop at.....we have to drive to Sturgeon Bay for everyday use items!! Please find a box store for the empty Shopko building!!
60. 12 step recovery
61. With Covid it's been very challenging. I look forward to resuming activity at the Center. The staff continue to be creative during this time but I miss the social activities together.
62. Help with taxes, end of life paperwork such as wills and medical instructions like DNR, and assistance finding the best medical insurance.
63. I hope you'll find some answers to this question and the associated question, "What existing services and programs can be improved?", if this questionnaire generates responses based on actual experiences and first hand observations.
64. Having Door County services made available on Washington Island like the rest of Door County gets. Traveling to these services are a hardship when older as well as financially.
65. Affordable Senior Housing developments are sorely lacking! I am nearing 90 years, my wife just turned 87. So, far, we intend to stay in our one story house. BUT, what if our health declines? We look at each other and say, where can we move, to downsize, etc. We don't see any 'normal' facilities for seniors, only 'homes for the aged' (SNFs, assisted living , etc.)
66. We would like to see the services of ADRC continue because we think these services provide many applicable and valuable services. We think the county does seem to have many
services available, but we don’t know if elderly and disabled folks are readily and easily connecting with the needed services. Probably housing/nutrition/homecare/financial security and maybe transportation would be the main areas of concern. Making sure people get connected with the proper ad necessary service would be the goal.

67 More activities that involve elderly/disabled. Elderly disabled get together and able to get to or better access to community events, EG: Field trips/road trips (fair and festivals), transportation. Access and education on where/who, phone # to call.

2/19/2021 11:48 AM

68 Do you mean Door County Service Agencies? I am not fully informed on all the DC agency services; therefore can’t comment on whether or not they are meeting the needs. At this time I thankfully do not have a disability so cannot speak for that group of adults. However, as an ‘older adult’, I have been pleased with services available to me.

2/19/2021 11:37 AM

69 I feel so fortunate to be living in Sturgeon Bay. First of course is being close to family. The second are the services of your senior center. The meals, the bus services, socializing, hopefully again, and so much more.

2/19/2021 11:29 AM

70 Thank you for the wonderful meals you bring every day.

2/19/2021 11:22 AM

71 I moved here in late July during the pandemic so haven’t been able to take advantage of many of the resources yet but will when they become available.

2/19/2021 11:19 AM

72 Yes - the staff are very caring and cheerful

2/19/2021 11:16 AM

73 Barb, Robin, Nicki, and Jenny are doing a great job. Jack Aleckson 920-901-1879

2/19/2021 11:13 AM

74 Happy with Meals on Wheels

2/19/2021 11:10 AM

75 I thank you every day for being here with my meals on wheels. Thank you again. Am past the ‘age of doing things’ but manage to keep myself busy doing household chores.

2/19/2021 10:56 AM

76 After the family member you have cared for - for many years dies. What then? Financially? Mentally? Part-time employment for an older adult - without getting age discrimination for a job applied for.

2/17/2021 3:06 PM

77 I think they are doing a good job.

2/17/2021 12:29 PM

78 The only thing I would like to see is a retirement community where people could live independently as long as they are able but help and progressive help would be available as health deteriorates or needs arise.

2/17/2021 11:58 AM

79 I honestly don’t know

2/17/2021 8:52 AM

80 If people stay in their homes, more services need to be provided to make their homes a safe place. Lifeline services should be available to anyone regardless of cost. The ability to create handicap accessibility quickly to people in need. I think the ADRC does a great job with limited resources but could always improve.

2/17/2021 6:09 AM

81 The ADRC goes above and beyond with all the staff and resources that are made available to help everyone. Just knowing that you can ask any question for guidance and all situations can be addressed to help an individual, and that all staff really genuinely care doing their job from their hearts. The ADRC is a blessing to our community!

2/15/2021 8:40 PM

82 No, since ADRC is closed at this time, no social interaction or support groups

2/12/2021 2:32 PM
## NSIP-Eligible Home Delivered Meals, Federal Fiscal Year 2021

### GWAAR - DODGE CO COMMISSION ON AGING

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2020 Total: 29,887 2021 Total: 12,012 % Diff: -60%

### GWAAR - DOOR CO SENIOR RESOURCE CENTER

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2020 Total: 26,380 2021 Total: 16,744 % Diff: -37%

### GWAAR - DUNN CO OFFICE ON AGING

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2020 Total: 24,950 2021 Total: 13,491 % Diff: -46%

### GWAAR - EAU CLAIRE ADRC

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2020 Total: 64,909 2021 Total: 24,820 % Diff: -62%

### GWAAR - FLORENCE CO AGING UNIT

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2020 Total: 9,047 2021 Total: 5,230 % Diff: -42%

Note: Meal counts on this report do not include any data recorded for SAMS Consumer Groups.
### GWAAR - DODGE CO COMMISSION ON AGING

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<td>2020 Total</td>
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### GWAAR - EAU CLAIRE ADRC

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<th></th>
<th>Oct</th>
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</thead>
<tbody>
<tr>
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<td>724</td>
<td>675</td>
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<td>637</td>
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### GWAAR - FLORENCE CO AGING UNIT

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</thead>
<tbody>
<tr>
<td>Cong Meals, FFY 2020</td>
<td>517</td>
<td>412</td>
<td>370</td>
<td>517</td>
<td>477</td>
<td>277</td>
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<tr>
<td>Cong Meals, FFY 2021</td>
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<td>2020 Total</td>
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Note: Meal counts on this report do not include any data recorded for SAMS Consumer Groups.
Dear Aging Unit and Nutrition Directors, the GWAAR Data Management Team, which oversees SAMS, is planning to roll out a pilot project utilizing the Wellsky Mobile Assessment system within SAMS.

Currently Aging Units are required to conduct assessments once per year with meal participants, typically utilizing a paper assessment form. GWAAR will be launching two pilot projects each with a 3-month duration to determine the effectiveness of the Wellsky Mobile Assessment system in assessing meal participants. With the Mobile Assessment system, we are hoping Aging Units will be able to perform assessments more efficiently and paper free via laptop or tablet – and offline!

We realize that, during the pandemic, most assessments are taking place over the phone or on the curbside for carryout, however these are still being completed using a paper form. The Mobile Assessment system would not only discontinue the use of a paper assessment form but would also allow non-SAMS users to conduct and enter assessments into SAMS, eliminating the need for additional data entry.

GWAAR is requesting eight (8) potential pilot users to participate in this project. Please select the link below to complete the questionnaire no later than March 5th, 5pm indicating your participation interest. It will be required that you know the make and model of the device you will be using for this pilot, therefore it is necessary that you have that information before you begin the survey. You will be informed of acceptance to participate by March 9th and the kick-off/orientation meeting for the first pilot group will be on March 12th, 2-3pm via Microsoft Teams. All following weekly meetings will be held on Fridays from 2pm-3pm via Microsoft Teams. Additional information will be provided upon selection.

We thank you for your continued hard work within the meal program and hope you had a wonderful weekend!

Mobile Assessment Pilot Questionnaire

Carrie Kroetz
Older Americans Act Consultant
Scope of Work
ADRC COVID-19 Vaccination Community Outreach
March 1, 2021 – August 31, 2021

I. Purpose of Funding
The State of Wisconsin seeks to achieve herd immunity for COVID-19 across Wisconsin by immunizing approximately 80% of the eligible population. Ongoing efforts to distribute the vaccine safely, efficiently, and equitably must include strategies to ensure that vaccines reach eligible individuals. This funding is being distributed to remove barriers to and promote acceptance of COVID-19 vaccination for marginalized communities and other vaccine-hesitant populations. The approach will complement existing contracts with community-based resources and provide direct support to ADRCs in an effort to advance equity and support vaccination of eligible individuals who are homebound.

There is no local match requirement for these funds.

These funds are not eligible to be matched through federal Medicaid administrative claiming.

Expenses must occur between March 1, 2021 – August 31, 2021.

II. Allowable Uses of Funding
All activities must directly support opportunities to vaccinate eligible individuals who are homebound against COVID-19. The goal of this funding is to support vaccination of as many people as possible. Efforts should be focused towards vaccination eligible individuals, who are also homebound, within the target populations served by the ADRC. Examples of allowable grant activities include, but are not limited to:

- Identifying eligible individuals who are homebound
- Outreach about vaccination
- Assisting with registration or other access to vaccination
- Assisting with transportation to vaccination sites
- Coordination the provision of vaccination through home visits

The definition of homebound is meant to be inclusive and not exclusive. Flexibility around this definition is encouraged. Individuals who are homebound may include:

- Individuals who strictly shelter at home to avoid COVID-19 risk
- Individuals who do not drive
- Individuals with limited personal mobility
- Individuals who depend upon oxygen or non-portable equipment
- Individuals with dementia or cognitive impairment
- Individuals who are otherwise in frail condition

Activities must be those approved in the ADRC’s application for funding. Community needs related to vaccination are evolving. Therefore, if an ADRC would like to conduct activities outside of those approved in their application the ADRC must ensure the expense is allowable and explain the activities in their final grant report.

Examples of allowable expenses include:

- Personnel (salary, fringe benefits)
- Travel for the provision of services
- Supplies
- Contractual costs
- Purchasing gift cards or other incentives
- Indirect expenses benefiting multiple projects/activities
- Translation services
- Production services
- Printing services

Examples of unallowable expenses include:

- Capital purchases or leases
- Reimbursement for expenses prior to March 1, 2021
- Funding advocacy or lobbying efforts
- Purchase of vaccines or clinical care to the public
- Research

III. Time and Task Reporting
ADRC staff who complete daily time and task reporting should record the time spent on these grant activities in a column labeled “Vaccine Outreach”. The percentage of their time in this category should map to the percentage of their salary and fringe expenses and be charged to the COVID-19 Vaccination Community Outreach funding profile.

IV. Client Tracking
Contacts made for this grant should be recorded in WellSky or your ADRC’s client tracking system. The appropriate outcome should be selected for the activity conducted. The call topic of “COVID-19” should be selected. If other call topics are discussed, please select all that apply.
V. Fiscal

Report eligible expenses to CARS profile 560201. See Allowable Expenses sections in the above areas of Allowable Uses of Funding. Payments will be issued on CARS profile 560201.

There is no local match requirement for these funds.

These funds are not eligible to be matched through federal Medicaid administrative claiming.

Keep a detailed record of the expenses that were submitted to the COVID-19 Vaccination Community Outreach funding profile for future auditing and report requests. The actual costs must meet the Department’s Allowable Cost Policy Manual and the federal allowable cost policies that are incurred by the ADRC within the grant period to provide services under this scope.

Expenses must occur between March 1, 2021 – August 31, 2021.

VI. Final Reporting

ADRCs will be required to submit an end of grant summary statement about the activities performed, populations and number of people reached, and impression of the impact of the effort. A financial expenditure report will also be required with expenses reported within the following categories:

- Personnel (salary, fringe benefits)
- Travel for the provision of services
- Supplies
- Contractual costs, such as marketing
- Purchasing gift cards or other incentives
- Indirect expenses benefiting multiple projects/activities
- Translation services
- Production services
- Printing services

Reports will not exceed two pages plus the expenditure report. Final reports will be due no later than September 30, 2021. Reports should be submitted via email to dhsrcteam@wisconsin.gov.
Examples of Strategies in the Aging and Disability Network:

Below are successful strategies reported by Aging Unit, ADRC, or ILC directors to assist with outreach and access to support the vaccination of individuals who are homebound.

Outreach to eligible individuals who are homebound

Examples:
- Utilize a mail in paper registration and distribute to previous and current customer mailing lists
- Distribute a registration form to Home Delivered Meal participants and utilize drivers to pick up and assist in completing the forms when necessary
- Use existing wellness and check-in calls set up during the pandemic to identify potential access issues
- Collaborate with community partners (fire and emergency personnel, law enforcement, etc.) to identify individuals who they have experienced to be homebound

Potential partners for outreach efforts:
- Health Department
- Aging Units
- Contracted Vendors
- Other Community organizations
- County Emergency management
- Veterans Service Officer

Messaging outreach about vaccination

Examples:
- Distribution of vaccination outreach/informational materials to participants in the Home Delivered Meals and “Grab and Go” or carry-out meals programs
- Share vaccination clinic and access information in newsletters
- Provide Public Service Announcements for radio and local newspaper publications
- Communicate and coordinate to caregiver support program participants
- Communicate and coordinate to Dementia Care Specialist service participants

Potential partners for outreach:
- Health Departments
- Clinics
- Hospitals
- Aging Units
- Media

Assisting with access to vaccination

Examples:
- Sponsor or host vaccine sites in or near ADRCs and/or Aging Units
- Coordinate with medical personnel or employ LTE staff to administer vaccines at “Grab-and-Go” meal pickup sites
- Provide Aging/ADRC staff to assist with registrations on site or via telephone
- Distribute paper registration forms, collecting them and entering information into registration systems

**Potential partners for access:**
- Health Department
- Health providers including LTE nursing providers
- Home health agencies
- Parish nurses
- Community Health Clinics
- Faith-based organizations

**Assisting with transportation to vaccination sites**

**Examples:**
- Provide taxi, Uber or Lyft vouchers for transportation to the vaccination site
- Use of Aging/ADRC transportation services to provide rides
- Connect volunteer drivers with individuals needing rides

**Potential partners for transportation:**
- Aging Unit
- Health Department
- Local transportation providers

**Providing vaccination through home visits**

**Examples:**
- Assist as needed with mobile vaccination teams at housing complexes
- Coordinate with public health, medical staff or employ LTE staff to vaccinate during meal delivery
- Partner with Public Health to deploy a mobile team to complete home visits with agency staff, including Dementia Care Specialists and caregiver support staff

**Potential partners for home visits:**
- Health Department
- Pharmacies, Medical providers including LTE nurse providers
- Aging Programs
- Interfaith Caregivers
- Parish Nurses
- Home Health Agencies
Tell Us What You Think......Your Opinion Matters!

(Agency Name) Carryout Meal Survey – 2021

1. How often:

<table>
<thead>
<tr>
<th>Never</th>
<th>Rarely</th>
<th>Sometimes</th>
<th>Usually</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>Are you satisfied with the way the food tastes?</td>
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<tr>
<td>Are you satisfied with the way the food looks?</td>
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</tr>
</tbody>
</table>

2. When you pick up a meal, how much of your total daily food intake is from this meal?

- Less than one-third (1/3)
- About one-third (1/3)
- About half (1/2)
- About two-thirds (2/3)
- More than two-thirds (2/3)

3. What prevents you from picking up meals more often? (Mark all that apply)

- I need transportation.
- I need a special diet that is not available. (please describe) __________________________
- I have an illness or health condition that prevents me from attending more often.
- The program requires meal reservations in advance.
- The program is not available on the days I want to pick up a meal.
- The program is not available during the time of day that I want to pick up a meal.
- Other (please describe) __________________________
- I do not wish to pick up meals more often.
- Not applicable: I pick up meals whenever they are available.

4. When it’s safe to dine with others, would you attend an in-person dining center?

- Yes
- No

5. The ability to pick up meals provides: (Mark all that apply)

- Someone to talk to
- A link to get more support if I need it
- Something to look forward to
- Other (please describe) __________________________
- None of the above

Continue survey on next page →
6. If the program has impacted your health and safety during the COVID-19 pandemic, please tell us how: __________________________________________

7. In the past week, how many visits did you receive from another person (including family, friends, and relatives)?
   ○ 0 visits
   ○ 1-3 visits
   ○ 4-5 visits
   ○ 6-9 visits
   ○ 10 or more visits

8. Do you live alone?
   ○ Yes
   ○ No

9. In general,

<table>
<thead>
<tr>
<th>Hardly Ever</th>
<th>Some of the time</th>
<th>Often</th>
</tr>
</thead>
<tbody>
<tr>
<td>How often do you feel that you lack companionship?</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>How often do you feel left out?</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>How often do you feel isolated from others?</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

10. What is your race/ethnicity? (Mark all that apply)
   ○ American Indian/Alaskan Native
   ○ Asian
   ○ Black/African-American
   ○ Hispanic/Latino
   ○ Native Hawaiian/Pacific Islander
   ○ White/Caucasian
   ○ Other (describe) __________________________

Other Comments:
________________________________________________________________
________________________________________________________________
________________________________________________________________

Thank you for your feedback
Tell Us What You Think……Your Opinion Matters!
(Agency Name) Home-Delivered Meals Survey – 2021

1. How often:

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<thead>
<tr>
<th>Question</th>
<th>Never</th>
<th>Rarely</th>
<th>Sometimes</th>
<th>Usually</th>
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<tr>
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<tr>
<td>Do hot foods arrive hot when delivered?</td>
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<tr>
<td>Do cold foods arrive cold when delivered?</td>
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</table>

2. How much of your **total daily food intake** is from the meal that is delivered?
   - Less than one-third (1/3)
   - About one-third (1/3)
   - About half (1/2)
   - About two-thirds (2/3)
   - More than two-thirds (2/3)

3. Having meals delivered to me by a person provides: (Mark all that apply)
   - Someone to talk to
   - A sense of safety and security
   - A link to get more support if I need it
   - Something to look forward to
   - Other (please describe) _________________________________________
   - None of the above

4. If the Home-Delivered Meal Program has impacted your health and safety during the COVID-19 pandemic, please tell us how: _________________________________________

5. In the past week, how many visits did you receive from another person (including family, friends, and relatives, but not including the meal delivery team)?
   - 0 visits
   - 1-3 visits
   - 4-5 visits
   - 6-9 visits
   - 10 or more visits

Continue survey on next page ➔
6. Do you live alone?
   ○ Yes
   ○ No

7. In general,

<table>
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<tr>
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<th>Some of the time</th>
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<td>○</td>
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8. What is your race/ethnicity? (Mark all that apply)
   ○ American Indian/Alaskan Native
   ○ Asian
   ○ Black/African-American
   ○ Hispanic/Latino
   ○ Native Hawaiian/Pacific Islander
   ○ White/Caucasian
   ○ Other (describe) ________________________________

9. If you could change one thing about the Home-Delivered Meal Program, what would that be?

________________________________________________________________________________________

________________________________________________________________________________________

10. Would you recommend the Home-Delivered Meal Program to a friend or family member?
    ○ Yes
    ○ No
    ○ Don’t know

Other Comments:
________________________________________________________________________________________

________________________________________________________________________________________

Thank you for your feedback
REQUIRED CATEGORIES FOR 2022-2024 AGING PLAN GOALS: UPDATED

Our statewide approach to the upcoming Aging Plan cycle emphasizes the needs expressed by older adults and their caregivers through local community engagement or public input activities. This approach also frames the three-year Plan period in the larger context of creating a long-term vision for the evolution of aging and disability programs and services. To that end, we encourage robust local conversation around how we want our systems to look in ten, twenty or thirty years. Also to that end, we encourage you to think of at least some of the projects in your plan as long-term projects, with annual milestones rather than project completion dates.

For this three-year plan, we will be requiring goals for each of the four funded Older Americans Act Title III programs, and goals to advance four values that shape program development in the Aging Network. Note that there may be some overlap in these goals, as illustrated in the examples below.

GOALS TO ENHANCE PROGRAMS

At least one goal is required to address an emerging need, a quality issue, or a gap in the services system in EACH of the following program areas:

1. Title IIB Supportive Services
2. Title IIC Nutrition Program
3. Title IID Health Promotion
4. Title IIE Caregiver Support

GOALS TO ADVANCE VALUES

5. At least one goal is required to enhance ongoing community engagement with aging plans and program operations so that they build a sense of ownership and commitment by the community.

6. At least one goal is required to address progress within one or more program area toward person-centered services, maximizing consumer control and choice. This may include efforts to expand choice and participant direction in specific Title III programs. One example might be a goal to introduce a choice-based restaurant model as part of the congregate meal program. The person centered services goal can be a stand-alone goal or met in one or more of the goals for Title IIB, Title IIC, Title IID or Title IIE.

7. At least one goal is required to address a barrier to racial equity within one or more program area. This may include efforts to expand the racial equity or inclusiveness of specific Title III programs. One example might be a goal to move closer to equitable distribution of aging services to reflect county demographics. The racial equity goal can be a stand-alone goal or met in one or more of the goals for Title IIB, Title IIC, Title IID or Title IIE.

8. At least one goal is required to increase local aging and disability network participants’ knowledge and skills related to advocacy. This may include efforts to educate older adults about policy making or legislative processes, sometimes known as “Senior Statesman” training. The advocacy goal can be a stand-alone goal or met in one or more of the goals for Title IIB, Title IIC, Title IID or Title IIE.