

The incubation period (time from exposure to when symptoms appear) has not changed and is still 2-14 days. A 14-day quarantine remains the safest option if you are a close contact of someone who has COVID-19. This is what Door County Public Health will continue to recommend if at all possible.

The Center for Disease Control and Prevention (CDC) and Wisconsin Department of Health Services have approved alternate quarantine guidelines that may be appropriate for certain situations.

10-day quarantine- You may discontinue quarantine after day 10 if you have not developed any symptoms. Still need to continue to monitor for symptoms through the entire 14 days.

7-day quarantine- You may discontinue quarantine after 7 days if you have not developed symptoms AND have tested negative for COVID on day 6 or after. You still need to continue to monitor for symptoms through the entire 14 days.

If individuals wish to end their quarantine at day 7 with a negative test, they will need to coordinate with their employer. The health department is not able to provide proof of negative results to end quarantine.

The best practice for COVID-19 prevention remains a full 14-day quarantine. The modifications are intended to be used with individuals who can reliably report their symptoms and are not in high-risk settings. There is increased risk with any modification from the 14-day quarantine. We ask and strongly recommend that all schools (students and staff), day care agencies, and other congregate settings adhere to the full 14-day quarantine. Quarantine modifications are not acceptable for long-term care facilities.